



January 15 - 17  
Canadian Home Builders Association  
**Homexpo**  
**2016**

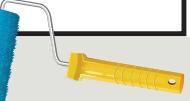
Halls D & E, BMO Centre, Stampede Park



tickets

information

[homexpo.ca](http://homexpo.ca)



# Calgary metro

Your essential daily news | TUESDAY, JANUARY 12, 2016

High 3°C/Low -7°C Becoming sunny

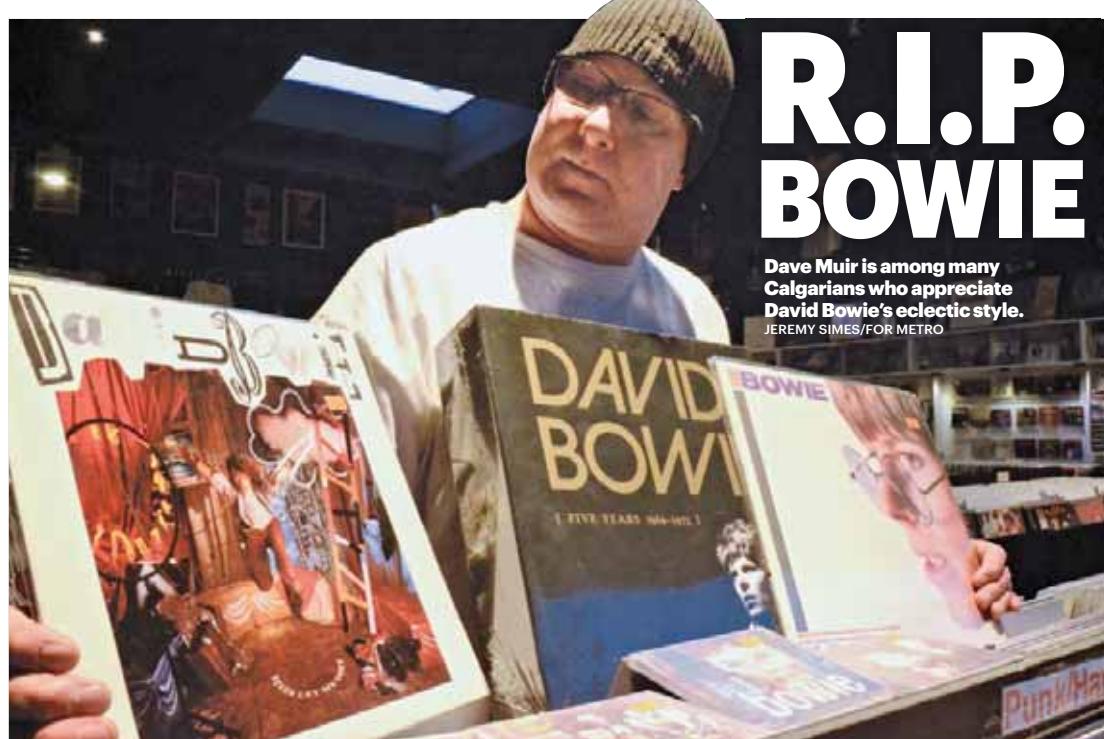


CANADIAN FREED  
FROM TALIBAN  
metroNEWS



## R.I.P. BOWIE

Dave Muir is among many  
Calgarians who appreciate  
David Bowie's eclectic style.  
JEREMY SIMES/FOR METRO



Remembering the legend's  
music  
impact  
and genius  
metronews  
metrovIEWS  
metrolife

## Alberta said no to \$1.4M for addictions

PROVINCE

**Health Minister  
says PC's move  
unprecedented**

 **Ryan  
Tumilty**  
Metro | Edmonton

The province turned down \$1.4 million offered by Ottawa for drug-addiction programs last year, but officials say the rejection didn't affect the projects the money was meant to fund.

Despite media reports suggesting otherwise, the Health Canada funding was not specifically connected to Alberta's fentanyl crisis, which claimed 213 lives in the first nine months of 2015.

In a letter last March, Fern Milner, acting executive director of Alberta Health's addictions and mental-health branch, turned down funds from Health Canada's Drug Treat-

ment Funding Program, citing "resource restrictions, which will inhibit acquiring funding and staff."

After submitting an application for the funding, AHS was approved in fall of 2014 but turned down the money in March. The funds were meant to pay for evaluations of two programs run by Envirox. Instead, Alberta Health funded the evaluations at a cost of \$600,000. AHS also planned to train community agencies on how to recognize and support young people with addictions.

Minister Sarah Hoffman said Monday she's disappointed the PC government declined the funding, something no province had ever done before. "We owe it to Albertans and families struggling with the realities of addiction to make sure we use every opportunity to support them," she said.

Interim PC leader Ric McIver said there's a lot of unknowns. "It appears that a senior bureaucrat sent a letter refusing the money," he said. "What is not clear is what are the reasons."



**2-GAME PACKS**

OVER 15% SAVINGS OFF DOOR PRICES

[CALGARYFLAMES.COM/TICKETS](http://CALGARYFLAMES.COM/TICKETS)

CALGARYNEXT



**PACK  
FROM \$106**



**PACK  
FROM \$90**



Your essential daily news

The Ringling Bros. Circus will end elephant acts in May amid increased scrutiny over animal rights.



# NHL commissioner steps up pressure for new arena

CALGARYNEXT

## Nenshi says project needs 'very big public discussion'

NHL commissioner Gary Bettman has told Calgary to get moving on a new arena for the Flames, but Mayor Naheed Nenshi says the city will not be hurried into a multimillion-dollar project.

Bettman told the city's business community at a chamber of commerce event Monday there should be more urgency to get the project underway, particularly from city council.

"I'm having trouble understanding why there hasn't been further progress on Calgary-NEXT," Bettman said.

"No matter what anyone thinks of the proposed Calgary-NEXT project or the cost of the project, the cost is never going to be lower than it is today."

The Scotiabank Saddledome,

### PROJECT

#### Arena and stadium cost

The 20,000-seat arena and 30,000-seat football stadium, part of the proposed CalgaryNEXT project, will cost an estimated \$890 million.

built in 1983, will be the oldest NHL arena when Canada celebrates its 150th birthday in 2017, he said.

Bettman and Flames president Ken King are scheduled to meet Tuesday with Calgary's city manager and a few city councillors, but not Nenshi.

The city approved a multi-phase analysis of the proposed project in November.

A report isn't expected until later this spring. If Bettman was trying to light a fire under him, Nenshi wasn't feeling the heat.

"Perhaps in other cities that he has come to, the city councils have just written cheques based on back-of-a-napkin proposals without any consultation to the public or without any analysis," Nenshi said.

"That's not how we operate here. We have a comprehensive framework in place. We'll see what the numbers look like come spring and have a very big public discussion about it."

Nenshi understands it's Bettman's job to lobby for new facilities for NHL teams. The NHL commissioner's contention that the project is important for the future vibrancy of Calgary drew sarcasm from the city's mayor.

"I know that Calgarians require very wealthy people from New York to come and tell us what we need to do in our community because they



understand vibrancy better than we do," Nenshi said.

The project is to be funded through a \$250-million ticket tax, a \$240-million community revitalization levy, \$200 million from Calgary Flames Sports and Entertainment and \$200 million from city taxpayers for a fieldhouse component.

THE CANADIAN PRESS

**NHL commissioner Gary Bettman speaks with reporters at the Calgary Chamber of Commerce on Monday. Bettman is urging the city to make progress on the CalgaryNEXT project (inset). JEFF MCINTOSH/THE CANADIAN PRESS**

## ROYALTIES REPORT Delay angers critics

The results of Alberta's royalty review have now been put off for a few more weeks — but critics say time is of the essence.

"We said (from the beginning) that a review shouldn't be done at all, but if it was done it needed to be over very quickly," Wildrose Leader Brian Jean said Monday in an interview.

"That, of course, would reduce the uncertainty in the marketplace, and add stability and confidence for the business community and investors generally. This has not happened. The review itself has taken far too long, so the faster the better for sure."

Alberta Party Leader Greg Clark said, "the real killer in all of this from the very beginning has been uncertainty."

"The longer it goes on, the longer this uncertainty remains and the longer investment dollars are parked on the sidelines."

Alberta's four-person royalty review panel, headed up by ATB Financial president Dave Mowat, has been taking submissions and listening to opinions since the beginning of September.

The panel is trying to determine the best way to calculate the happy medium between the appropriate amount of money for Albertans given that they own the oil and gas resource, and the fair return for producers, who pony up the cash and take the risk to produce it.

THE CANADIAN PRESS

THE CANADIAN PRESS



### KNOW YOUR DINOS

*Regaliceratops* could only run 10km/hour. It couldn't catch a bus or train.

### ROYAL TYRRELL MUSEUM

Alberta Provincial



CANADA'S DINOSAUR MUSEUM

# DINOSAUR COUNTRY

## SENIORS

## Councillor lobbies for scooter stations



**Helen  
Pike**  
Metro | Calgary

A Calgary city councillor is hoping to give seniors a boost.

During the first question period of 2016 on Monday, Coun. Gian-Carlo Carra asked administration how the city could go about setting up charging stations for electric scooters many seniors use to get around his and other wards.

"Seniors, who use those motorized scooters to get around the city — they frequently get the scooter and they have this range, and they can go around, and it's like this amazing bequeathment of freedom to them," said Carra.

He said in many conversations with seniors in Ward 9

he's consistently told that the freedom doesn't last long.

"What happens quickly is that the battery on those scooters runs down," Carra said. "They have a couple months of freedom and that freedom just starts clawing back on them."

Carra said as the batteries run down their travel radius diminishes to the point of an "emotionally upsetting experience" as they see their world "suck in."

Not sure where the responsibility would fall, he mentioned the senior strategy

or accessibility policies, asking if it would be possible to create plug-in stations for scooters.

Administration will be discussing the question of where the responsibility would fall within the city.

**What happens quickly is that the battery on those scooters runs down.**

Coun. Gian-Carlo Carra



Calgary police are seeing fewer impaired drivers on the road. According to police there were 2,080 incidents of impaired driving in 2015 — down from 2,500 in 2014. METRO FILE

## EDUCATION

## Trustees appointed to bargaining team



**Aaron  
Chattha**  
Metro | Calgary

The Calgary Board of Education is expected on Tuesday to appoint two board members to represent the board on the Teacher's Employer Bargaining Association — despite its firm stance against Bill 8.

Bill 8, which went into effect in December, creates a two-tier bargaining system where the Alberta government is at the negotiating table with local school boards. Previously, it had just been the school boards.

"The CBE's position hasn't

changed," said board vice-chairwoman Amber Stewart. "We understand that TEBA's moving forward, we accept that, however the CBE still believes that limiting that role to term and wage is in the best interest of our students."

January and February are expected to be busy months in the bargaining process.

"We recognize decisions have been made, and we still want to be part of the process," said trustee Julie Hrdlicka, who is expected to be on the TEBA committee with Stewart. "But we continue to advocate, as we're going forward, the importance of local bargaining."

## ROAD SAFETY

### Police believe decrease shows city is taking issue seriously



**Jeremy  
Simes**  
For Metro | Calgary

Staff Sgt. Paul Stacey said he's encouraged by the recent drop in impaired driving incidents in Calgary.

In 2015, 2,080 Calgarians were charged with drunk driving, down 420 from 2,500 charges in 2014.

"I hope that trend continues because we're very encouraged by (the decline in numbers)," Sta-

cey said, adding the number has fallen for a second straight year.

The law extending vehicle seizures and license suspensions from one day to three days for blood-alcohol reading of 0.5 per cent is resonating with motorists, he added.

"I think Albertans have taken a strong stance against impaired driving," he said. "It's not just a phenomenon in Calgary — it's occurring provincially."

Though the numbers are decreasing, MADD Canada's Calgary chapter says more needs to be done to reduce drunk drivers on the road.

"I think we all realize it's going down and that's really positive," said Tracy Franklin, past president of MADD's Calgary chapter. "But we need to be more proactive between our

**It's going down and that's really positive.**

Staff Sgt. Paul Stacey

family and our friends to ensure we are stopping drunk drivers. There's still so many out there."

Stacey said CPS will continue to vigorously run its check-stop program, adding police take calls regarding impaired drivers seriously.

"When people report an impaired driver, we pay some pretty significant attention to it," he said. "(Those instances) get a high-priority response from dispatch."

In 2015, there were seven deaths associated with impaired driving, a dip of 11 from 18 fatalities in 2013, Stacey said. In 2014, there were also seven deaths related to impaired driving.

The social stigma around drinking and driving is also likely a factor in the reduced numbers, Stacey added.

"We'll continue with all our impaired programs, enforcement programs and educational programs," he said.

Franklin said she'd like to see no drunk drivers on the road.

"Each step down is positive — it means people are getting the message," she said. "But it's a lot slower than any of us would like it to be."

"If we all work together, we can drop this (rate) significantly."

## SEXUAL ASSAULT

## Massage therapist faces three new charges



**Brodie  
Thomas**  
Metro | Calgary

Calgary police have charged a massage therapist with three more counts of sexual assault after his arrest in December.

After police issued a news release publicizing Brad McLellan's alleged assault of a 25-year-old patient, three more past clients between the ages of 20 and 50 have come forward adding they, too, were

inappropriately touched during one of his sessions.

Staff Sgt. Bev Voros, Calgary Police Service (CPS) Sex Crimes Unit, said she believes the publication of the initial charge led to the new charges.

"I think when one victim comes forward, it gives other victims courage to come forward," said Voros. "I think there's support in numbers."

Police say the alleged assaults took place between September and December 2015 at both the Centennial

Wellness Clinic and the Pro Active Health Group. Both clinics are co-operating in the investigation.

Voros said the CPS did a very thorough investigation before laying these additional charges, adding that the force doesn't lay charges haphazardly.

"There's other evidence we can bring forward as well," Voros said. "It's not always he said, she said."

Police said McLellan had been working with Centen-

nial Wellness Clinic and the Pro Active Health Group. A spokesperson at Pro Active Health Group said McLellan is no longer working there.

Nobody at Centennial Wellness Clinic could be reached for comment, but their website doesn't list McLellan as a staff member.

Voros couldn't comment on whether or not McLellan is still practising massage therapy.

McLellan is scheduled to appear in court on Feb. 12.



**Massage therapist Brad McLellan is now facing a total of four sexual assault charges** from four different accusers, all women, who were formerly clients. CENTENNIAL WELLNESS CLINIC

# Music legend David Bowie touched many Calgarians

IN MEMORY

**Performers plan to band together to pay tribute to icon**

 **Jeremy Simes**  
For Metro | Calgary

Todd Robertson doesn't regret spending his student loan money to see David Bowie live at the Saddledome in 1990.

Robertson, now a web developer, said it was the first concert he'd ever been to.

"It was the first time I heard Rebel Rebel, and I absolutely love Rebel Rebel," he said. "It was big. It was full. It was exciting."

Cancer claimed Bowie's life on Sunday. Many Calgarians shared their stories of the chameleon-like music icon, whether they travelled to Edmonton in 1983, or Calgary in 1990 and 2004.

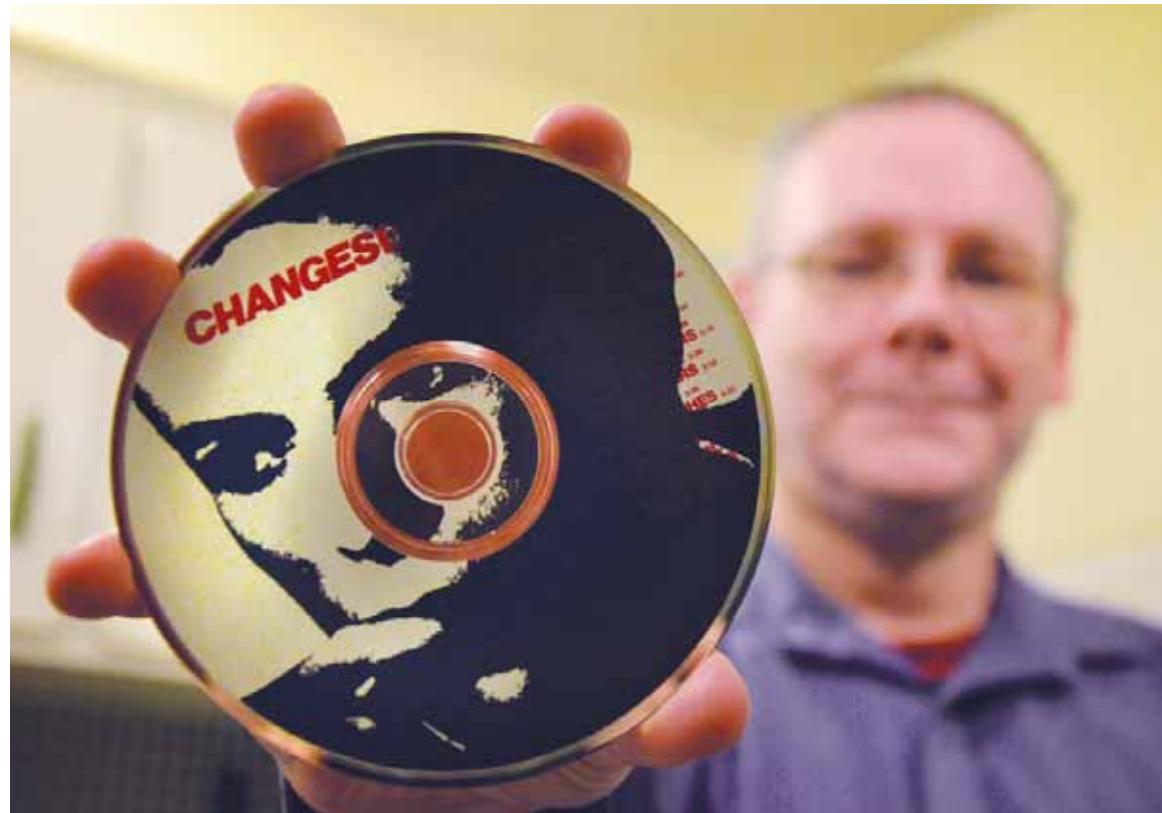
Dave Muir, owner of Sloth records, said many Calgarians flooded his shop to snatch a Bowie record or two, including Blackstar, which was released on Friday.

When Muir was in high school, he said he and his buddies drove to Edmonton to catch Bowie's Serious Moonlight tour in '83.

Though he said that year may have not been Bowie's finest moment, it was chance to see, well, David Bowie.

And Commonwealth Stadium was roaring, he added.

"That day ... I will never forget it," he said.



**Todd Robertson used his student loans to see David Bowie in concert at the Saddledome.** JEREMY SIMES/FOR METRO

"He was nothing but class."

At the Saddledome in 1990, Robertson said he sat fairly high in the stadium, but was able to witness how Bowie produced his shows.

"He would follow this little dot that shined on stage," he said. "It was interesting, but that memory has stuck with me."

Muir noted Bowie was pretty selective with how he managed his career.

**That day ... I will never forget it. He was nothing but class.**  
Dave Muir

"(Bowie) was very careful where he appeared and what he did and who he did things with," he said.

"It's part of his legacy."

Even David Bowie of Calgary — yes that's his real name — has his own little tale of the star.

"I was a fan of his before he changed his last name to Bowie," he said.

In fact, Bowie (the musician) went by Davie Jones and the King Bees before making the switch.

"It's really cool — my idol picked my last name," said

Bowie, who went to the other Bowie's concert in 2004 at the Dome.

"I always thought my last name would be famous, and it's all because of Mr. Jones."

Some of Calgary's musicians also plan to host a David Bowie tribute, according to artist Kenna Burima.

"There are so many people his music spoke to that getting everyone on stage will prove to be a challenge."

## BUSINESS Mix of stores needed: Nenshi

 **Helen Pike**  
Metro | Calgary

Calgary's mayor, Naheed Nenshi, isn't sure that a big-brand pizzeria in Inglewood will have the domino effect residents are up in arms about.

"I do not agree that chain pizza ruins a neighbourhood," said Nenshi. This after news spread online that the tight-knit shopping district would soon welcome a Domino's storefront on 9 Avenue — where two other establishments have already cornered the market on cheesy pies.

The space is being rented out on a 10-year lease along the most popular shopping strip of the historic neighbourhood.

A post on Facebook over the weekend garnered more than 140 comments over chain stores entering the neighbourhood where local business thrives — the only other non-Calgarian chain in the area being a Starbucks location.

"I spent a lot of time as a retail consultant and I can say very, very confidently that the most successful retail streets have a mix of chain and independent," said Nenshi. "People come for the chain stores. That creates the traffic that the independent stores then are able to build off of. When you look at great shopping streets anywhere in the world you'll see that everywhere."

Nenshi didn't say if he's a fan of the Domino's slice, but he did tell Inglewood residents to vote with their wallets.

"I would really suggest to people that if you don't want the chain pizza in your neighbourhood don't eat the chain pizza and the market will really quickly sort that out," he said.

You want a better life. Job satisfaction. Financial security. Respect. You want to help others.

## There is an urgent demand for EDUCATION ASSISTANTS

As an Education Assistant you'll assist elementary and secondary school teachers as they work with students who may require additional support for academic, ESL, behavioural and special needs.

- Wages range from \$20.11 - \$30.18/hour
- Become an Education Assistant in just 40 weeks

"Before Stenberg I was working in a pet store earning minimum wage ... I got a job right out of practicum and I can't think of a more fulfilling career." — Kody Lacroix, Stenberg grad

 STENBERG COLLEGE

1-855-227-3460 • [www.stenbergcollege.com](http://www.stenbergcollege.com)



## You are invited to an INFORMATION SESSION

Calgary

Wednesday January 20th, 2016

7:00 pm – 9:00 pm

Sandman Hotel  
Calgary City Centre

888 7th Ave SW Calgary, AB

All attendees will receive \$250 bursary

Please RSVP to  
[rsvp@stenbergcollege.com](mailto:rsvp@stenbergcollege.com) or by tel: 1-855-227-3460

**IN BRIEF****Low oil prices cause housing starts to tumble**

Low oil prices have yet again caused Calgary housing starts to tumble in December, according to the Canada Mortgage and Housing Corporation (CMHC). There were 12,716 trending units that began construction in December, down 1,672 from the 14,388 starts in November. Those numbers are part of a six-month moving average of monthly seasonally adjusted annual rates (SAAR) of total starts. STAFF/METRO

**We're in running for the Ultimate Sport City**

Calgary has been short-listed as one of the Top 30 cities in the world vying for the award of Ultimate Sport City. The award is given out every two years by Sport-Business. In 2012 Calgary was highlighted as a city to watch, and in 2014 the city was named Ultimate Sports City in the small sports city category. Vancouver is the only other Canadian city on the shortlist. The Top 5 cities will be announced in March, and the winner in April. STAFF/METRO

**David Swann remains Liberals interim leader**

The Alberta Liberals are keeping David Swann as interim leader another year. The party executive and riding presidents voted to schedule a leadership convention in the spring of 2017 to give candidates time to organize and gain support well ahead of the next scheduled provincial election in 2019. The Liberals are rebuilding after a poor showing in last May's campaign with just one seat — Swann's in Calgary Mountain View. They took just over four per cent of the popular vote.

THE CANADIAN PRESS

**It is time that we recognize your history, and that we protect your indigenous lands ...**

Leonardo DiCaprio acknowledging indigenous peoples in his acceptance speech



The Revenant won best drama, director and actor at the Golden Globes awards show. THE CANADIAN PRESS

# Revenant's Calgary star lauds DiCaprio

**GOLDEN GLOBES**

## Indigenous actress hopes award speech means action



**Jeremy Simes**  
For Metro | Calgary

A local indigenous woman who starred in the Revenant is applauding Leonardo DiCaprio's thank you speech at Sunday night's Golden Globes.

The Revenant — an Alberta-

shot survival tale of Hugh Glass (played by DiCaprio) — won best drama, director and actor at the awards show.

DiCaprio ended his speech thanking indigenous peoples for being part of the film.

"It is time that we recognize your history, and that we protect your indigenous lands from corporate interests and people that (are) out there to exploit them," he said. "It is time that we heard your voice and protected this planet for future generations."

Although Marlowe — who played 'Arikara crying woman' — was glad the flick fetched three Globes, she said she was even happier with his speech.

"I think that it was amazing that he acknowledged First Nations people, not within just Canada but across the world," said Marlowe, who lives in Sik-sika Nation, and is originally from Lutsel K'e in the Northwest Territories. "He brought light to topics not many people know about."

According to Alyson Lockwood — one of the Canadian casting directors — director Alejandro G. Inarritu was looking for authentic people to fill indigenous roles and, sometimes, that meant they had no acting experience.

"They wanted people that had that raw ability and the ability to work with the director," she said. "At one point, they had to re-film her scene, as the makeup artist made them look 'too clean,' she said.

Marlowe said her experience with Inarritu was better than others involved on set.

"He was very straightforward and very vocal about what he wanted," she said. "He had a vision, and if it wasn't carried out the way he saw, he became very frustrated."

"But the whole experience for me was a good experience."

Marlowe said she's waiting to see what DiCaprio will do next.

"That's big, you know?" she said. "I'm waiting to see what he does next."

**ANIMAL WELFARE**

## SPCA has duty to cattle: Woman

**Aaron Chattha**  
Metro | Calgary

An Okotoks resident is criticizing how the Alberta SPCA handled an investigation of alleged underfed and dead cattle at a farm in the region.

The resident, who requested her name not be used, said a local rancher alerted her to the situation. Together, they drove to the farm and said they found a group of cattle starving in a field — with at least one dead cow among them.

She informed the Alberta SPCA, who confirmed with Metro they investigated and removed the animals from the situation.

The resident said the animals have since been returned to their original owners.

"The animals I saw were in very shocking condition, and the Alberta SPCA chose to return them to the people that put them in that condition," said the resident.

She lodged a formal complaint about the handling of the investigation, wondering why the animals were starved in the first place, and how it can be prevented from happening again.

Animal protection group Animal Justice said the resident reached out to them for assistance. Spokesperson Anna Pippus said law enforcement has failed these animals, and that they have not only a legal, but moral obligation to hold the alleged offenders accountable.

Roland Lines, communications manager for the Alberta SPCA, said the complaint is being handled internally, and privacy legislation prevents him from releasing details of the investigation.

However, Lines said an officer involved with the investigation sent the resident a picture of the cattle being fed.

"He knew she was very concerned about the situation the cattle were in, so he did send her a photo of the cattle being fed, to reassure her that something was being done," Lines explained.

Lines said looking at the resident's complaint, he wasn't sure how the situation could have been handled differently.

"In general terms, I can ensure we do investigate every complaint we receive to the full extent of our authority," he said. "A report of dead animals on a property will certainly increase its priority, but animals can die for many reasons, and often it isn't because of neglect."

**RECOGNITION**

## Robot helps calm young patients

Calgary company RxRobots has

earned the title of Most Innovative Startup at the Pediatrics 2040 conference, for creating a little robot that distracts children while doctors stick vaccine needles in their arms or perform other procedures.

"Most kids are shocked to see a new thing, because they believe, up to the age of 12, that the robot is alive. It has facial recognition," said president of RxRobots, Mark Williams. "When you move, it moves."

Pediatrics 2040 is an innovation conference where pediatricians look at technology that

will impact health care.

RxRobots invention, called MEDi, was developed over four years at Alberta Children's Hospital.

It uses behavioural strategies like guided imagery, teaching breathing techniques and telling a story to help calm children during medical procedures.

"When they're done, pretty much all they remember about the procedure was that there was a magical robot that knew their name," said Williams.

The robot also helps keep the attention of parents, too.

Williams said MEDi officially launched nine months ago and will soon have a home in 12 hospitals throughout Canada and the United States.

AARON CHATHA/METRO

**All they remember ... was that there was a magical robot.** CEO Mark Williams



Created by Calgary company RxRobots, MEDi helps put kids at ease by using their name and telling them a story.

COURTESY MARK WILLIAMS

# If your yoga studio is too zen-sible it's time move on

## HOBBIES

**Get pumped after your poses, even have a beer while you 'Rage'**

 **Jeremy Simes**  
For Metro | Calgary

This isn't your typical kind of "zen." Dubbed Rage Yoga, Lindsay Istance is changing the way you say namaste. Literally.

"Rather than doing the namaste (at the end of class), we do a really big f--- yeah!" said Istance, founder of the not-so-serious yoga practice.

"It was pretty awesome because I had a whole room of people turning to one another saying, 'F--- yeah! f--- yeah!'" she said. "It was good."

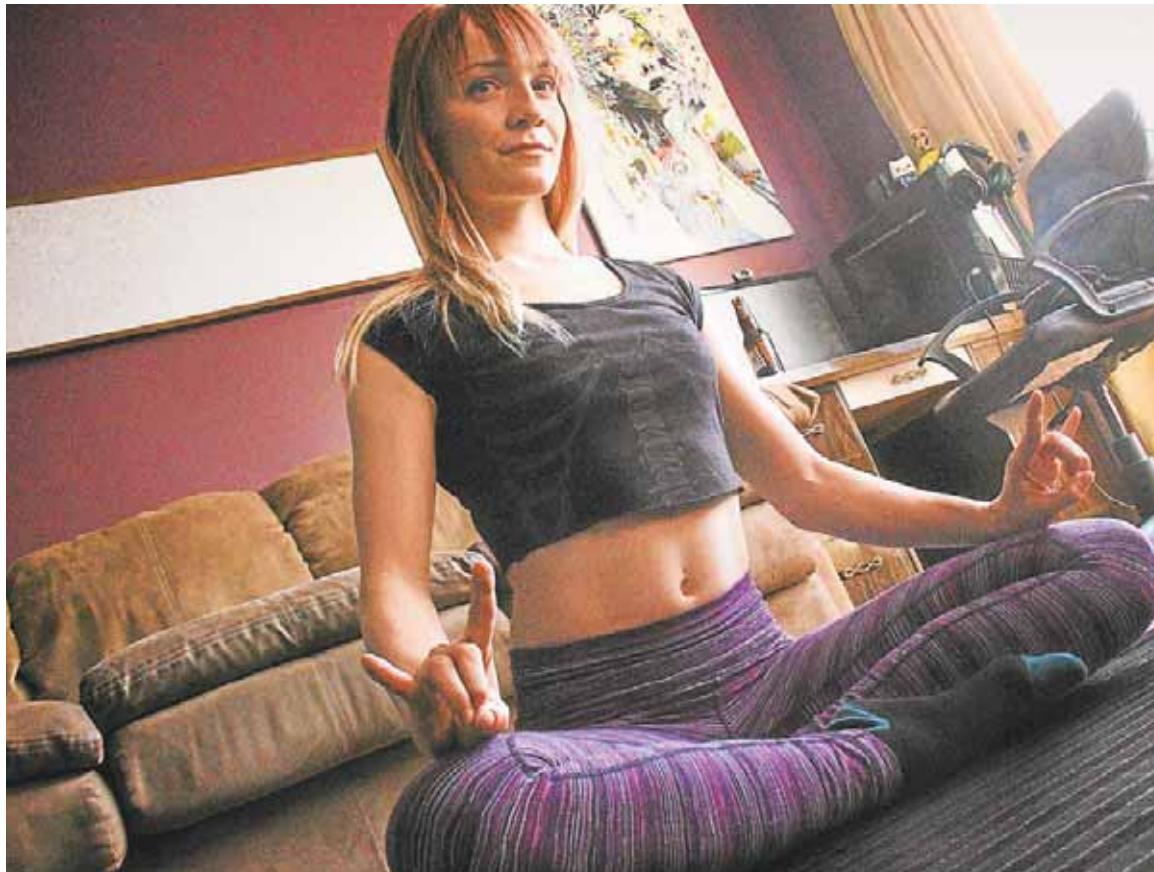
Rage Yoga is meant to take the seriousness out of practice which, according to Istance, can be quite intimidating for some, including herself.

"I can't do the super serious thing," she said. "I want to be able to giggle out loud if I fall over. I know not all studios are like that, but I felt like I didn't fit in most of the time."

So, to avoid the typical formality of yoga, she took it upon herself to create Rage, embracing the shenanigans.

Even the space where Rage Yoga holds its practice is peculiar: Dickens pub, which is in a basement.

"Well, that's just not scary," Istance joked. "At first I would say there were a lot



Lindsay Istance says Rage Yoga isn't as serious as that at most studios. JEREMY SIMES/FOR METRO

of raised eyebrows (to the idea). But the more we talked about it, the more it seemed like a plausible idea."

And because Rage Yoga is held in a pub, yogis will be given a discount on two pints at most.

Oh, you're also allowed to sip on a brewsky during Warrior Two, if you're up for it.

Water is also fine, Istance added. "There have been no spills," she said. "I just ask people be mindful of their water ... or their beer."

Istance said she recognizes some may be offended by Rage Yoga. "You can't win

everyone over," she said. "What I want to do with this is use it as an awesome gateway yoga: get people to try out yoga for those who are intimidated by studios but want to try out a class."

Rage Yoga runs at Dickens every Monday and Wednesday. Drop-in is \$12 and it costs \$2 to rent a mat.

## DEVELOPERS

**Industry reps give levy bylaw approval**

 **Brodie Thomas**  
Metro | Calgary

Calgary developers say they're ready to pay more to help the city offset development costs.

Several industry representatives gave a resounding approval of the city's plan to increase the off site levy for developers all over the city.

Kathy Dietrich, manager of corporate growth management at the City of Calgary, explained how administration had arrived at the numbers it will now charge developers.

She said it may seem like a difficult time to increase costs on developers, given the downturn in the economy, but noted Calgary has always grown, even in tough economic times.

Developers on the outskirts of the city building on undeveloped land will pay a per-hectare levy on the land they are developing.

Their levy will be higher, and will cover water and wastewater, but also community service charges which will help pay for libraries, emergency services, police, recreation and transit.

Guy Huntingford, CEO of the Urban Development Institute, said the city's consultation process was extensive and the businesses he represents are satisfied with the result.

"Industry needs certainty, and we believe these recommendations go a long way toward increasing certainty," said Huntingford.

The matter was not put to a vote before press time.

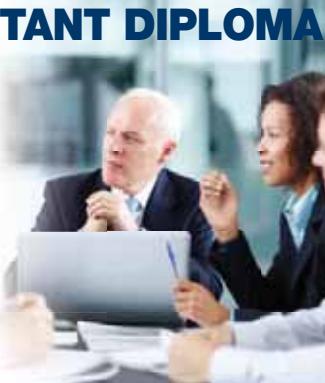
## PROFESSIONAL BUSINESS ACCOUNTANT DIPLOMA

Your small & medium-sized business accountant

- Earn up to \$80,000+ per year
  - Prepared to become a full cycle accountant with accounting designation
  - No degree required
  - Ideal for individuals who want to be self-employed/entrepreneurs
- Duration: 19 months including 3 month practicum.**

"PBA has opened doors for me in the sense that it has given me the ability to advance in my career. It was my designation that allowed me to get the job I currently hold."

– Margo Desmarais, FPBA, Finance Team Lead, University of Alberta



 STENBERG COLLEGE

1-855-227-3460 • [www.stenbergcollege.com](http://www.stenbergcollege.com)

You are invited to an  
**INFORMATION SESSION**

Thursday January 21st, 2016  
7:00 pm – 9:00 pm

Sandman Hotel  
Calgary City Centre  
888 7th Ave SW, Calgary, AB

All attendees will receive \$250 bursary  
Please RSVP to  
[rsvp@stenbergcollege.com](mailto:rsvp@stenbergcollege.com) or by tel: 1-855-227-3460

# Freedom for hostage

COLIN RUTHERFORD

## Canadian released after being seized by Taliban in 2010

A Canadian man captured by the Taliban in 2010 has been freed.

Colin Rutherford was on a private vacation in Afghanistan when he was seized by the militant group in November of that year.

The last indication the Toronto man's family had that he was alive came in a 2011 video released by insurgents where he answered questions; an accompanying email accused Rutherford, then 26, of being a spy.

In the video, Rutherford insisted he was not a spy and had travelled to Afghanistan to study historical sites, old buildings and shrines.

Foreign Affairs Minister Stephane Dion announced Rutherford's release in a brief statement but did not explain what steps were taken to secure his



Colin Rutherford FACEBOOK

freedom — only that it involved the government of Qatar.

He says he was "very pleased" that efforts undertaken to get him out proved successful.

"We look forward to Mr. Rutherford being able to return to Canada and reunite with his family and loved ones," Dion said.

Rutherford was working as an auditor with the Canadian Circulations Audit Board in Toronto when he went on vacation to Afghanistan in 2010.

"This is great news," said Tim Peel, the company's vice-president said in an email. "We wish him a safe and speedy return and would like to thank all the parties involved in securing his freedom."

Peel did not respond to questions about whether Rutherford's job still exists.

The involvement of Qatar in Rutherford's release is not entirely surprising. The Persian Gulf country has at times quietly played mediator between western governments and the Taliban — even helping to facilitate peace negotiations between governments in Kabul and the hardline insurgency.

Whether any ransom was paid is an important question.

In securing the release of Canadian diplomats Bob Fowler and Louis Guay from the clutches of al-Qaida's North African branch in 2009, the previous Conservative government denied making any payment. But an al-Qaida letter to the original kidnappers, obtained by The Associated Press in northern Mali in 2013, said it received \$1 million for the pair.

THE CANADIAN PRESS



### PEDIATRICS

## 3D-printed hearts help train for surgery

The pediatric surgeons hover over a tiny heart, gently retracting delicate inner structures and attaching a graft with impossibly intricate stitches to repair a congenital defect that would mean certain death within days of birth.

But this heart isn't inside the chest cavity of a newborn; it's a 3D-printed model being used at Sick Kids Hospital in Toronto to train cardiac surgeons from around the world in some of the most complex operations they will ever perform during their careers.

About a dozen trainees — from Canada and such coun-

tries as Norway, Oman, Mexico and the United States — have come to watch master surgeons demonstrate the highly complicated techniques used to repair a number of congenital heart abnormalities and to safely practise those skills on models of their own.

Three-dimensional copies have been created of five hearts from real infants with cardiac anomalies using a high-tech 3D-printer, which almost perfectly reproduces the organ's structure using a photopolymer resin, based on sophisticated MRI and CT imaging.

"Each of the models repre-



**This is a good way to practise it when the consequences are not dire.**

Dr. Glen Van Arsdell

sents a very specific form of disease that is very different," says Dr. Glen Van Arsdell, chief of cardiovascular surgery at Sick Kids. "I can look at the model and tell you what the diagnosis is."

The 3D-printed hearts —

some orange, others whitish in colour — were produced by Dr. Shi-Joon Yoo, a cardiac radiologist at the hospital.

Depending on its size, a duplicate of a child's heart can take anywhere from four to 12 hours to produce, as layer upon layer of the resin is built up, he says.

While the current cost is somewhat prohibitive — estimated at about \$2,000 per model — Yoo says the technology means hundreds of copies can be printed after imaging a single child's heart to demonstrate a particular defect.

THE CANADIAN PRESS

### IMMIGRATION

## Syrian refugee count nears 10K

**7,671**

**Number of Syrians that had arrived in Canada as of Jan. 7, according to the latest available data on the Immigration Department's website.**

Tuesday could be the day that the influx of Syrian refugees hits the 10,000 mark, but resettlement groups are now looking far beyond that milestone.

Flight arrival data on the Immigration Department's website suggests the 10,000th Syrian will arrive on one of two flights bound for Toronto on Tuesday, though the department could not confirm that number.

In November, the Liberals said 10,000 Syrians, mostly privately sponsored, would arrive by the end of 2015, but failed to meet that target.

They say 25,000 Syrians in total should be here by the end of February and then a further 10,000 government-assisted

Syrian refugees will come by the end of 2016.

What's unclear is how many more privately sponsored refugees will be accepted after the end of February.

There are upward of 200 applications a week being submitted by private groups looking to sponsor Syrians, said Chris

Friesen, the president of the Canadian Immigration Settlement Sector Alliance.

But nobody knows how those applications will be treated without knowing the government's overall immigration plan for 2016, he said.

Ordinarily, the government sets a range of privately sponsored refugees it will accept from around the world each year, but it's unclear whether the Syrian program will be part of that or on top of it.

"I'm assuming the government has a range, a target, as part of the 2016 plan but all of this impacts funding going into the next fiscal year, particularly settlement support," he said.

THE CANADIAN PRESS

### IN BRIEF

#### Detain immigrant children as last resort: Red Cross

Canada should lock up child immigrants only as a "last resort" and must find alternatives to detention for such vulnerable newcomers, the Red Cross says in its latest confidential inspection report.

Many of the humanitarian organization's findings remain "largely unaddressed," with some requiring "urgent attention," says the report.

It makes 37 recommendations to improve conditions for detainees, including an eventual end to the practice of holding some in provincial jails where they are mixed with criminals. THE CANADIAN PRESS

### PRIME MINISTER

## Trudeau's office to release daily agenda

Prime Minister Justin Trudeau had private meetings scheduled Monday.

So, what's the news in that? Well, the mere fact that the Prime Minister's Office released a daily itinerary saying so.

In a practice that catches up with other political leaders, Trudeau's office says it will now release an overview of his day's activities.

"It will be a daily practice.... Those will keep you abreast of what he is up to," said Cameron Ahmad, a spokesperson for the prime minister.

The details of Trudeau's Monday schedule were fairly scarce, saying simply, "The

prime minister will be in private meetings." It offered no specifics on either the people the prime minister was meeting with in Ottawa or the topics of their conversations.

TORSTAR NEWS SERVICE



**I think the overarching objective is openness and transparency.**

Spokesperson Cameron Ahmad

# The trial of being a juror

THEATRE SHOOTING

## Many haunted months after conviction

For nearly 14 weeks, they sat in a suburban Denver jury box, listening for hours as witnesses described the searing pain of gunshot wounds and the terror they felt as they fled the movie theatre, the gunman still firing at them.

They sat feet from a poster-sized photo of a six-year-old girl's bullet-ravaged body. They held the murder weapons. And when the jurors announced they couldn't agree that James Holmes should die for his crimes, they heard the cries of his anguished victims.

Four months later, they are still haunted — their struggles showing how the scars of a mass shooting can stretch from the victims to the first responders and even to the jurors who must decide what to do with the perpetrator.

Some started seeing therapists as they work through the shame they feel for the flashbacks and anxiety they suffer despite never having set foot inside the theatre in July 2012, when 12 were killed and scores of others injured.

"I wasn't actually in that theatre, but I listened to and felt



**James Holmes is led out of the courtroom on Aug. 26, 2015.** RJ SANGOSTI/THE ASSOCIATED PRESS

the experiences of everyone who was, from every angle," said a 36-year-old marketer who is still so worried she wanted only to be known by her juror number: 1009. "I felt their sorrow and their sadness."

"And when I left the courtroom," she said, "I took it all with me."

The names of all the jurors

— the 12 who deliberated and 12 alternates — were sealed throughout the trial and remain confidential by court order. Three of them spoke to The Associated Press about their post-trial struggles on condition that only their first names be used, citing concerns for their safety and privacy. The fourth, the marketer, asked to not be identified by name.

To cope, the four send each other uplifting text messages, gather for dinners at quiet restaurants and connect during phone calls that sometimes end in sobs. They're also raising money to help pay for a

victims' memorial. They briefly dared the spotlight to promote their charitable work.

It's unclear how the other jurors are faring. Several reached in the weeks after the verdict wouldn't comment about their experiences, but prosecutors said some still suffer. They invited all the jurors to come talk to them after the trial. Most did.

"They were visibly shaken from what they had learned," prosecutor Lisa Teesch-Maguire said.

In the end, prosecutors and jurors said, a single juror blocked Holmes' execution, be-

## SUPPORT

### PTSD, nightmares persist, but groups help: Expert

Studies show that, especially in death-penalty trials and those with multiple killings, jurors can experience symptoms of post-traumatic stress disorder, nightmares, anxiety and insomnia months after they leave the courtroom.

"It's the horrific amount of violence that was done and loss of life that's very distressing to see up close, which you have to do to evaluate a case like this," said Valerie Hans, a Cornell Law School professor who has studied juries.

Hans applauded the jurors for forming a support group, saying they are the only ones who can fully understand the experience. THE ASSOCIATED PRESS

lieving his mental illness meant he should get the mercy of a life sentence. Because the jury was unable to unanimously agree on a death sentence, a judge sentenced Holmes to life in prison without parole.

That led to jurors becoming targets of vitriol on talk radio, social media and from frustrated victims, at least one of whom suggested there was a plant among them to ensure Holmes survived.

"There's a lot of people who blame us, and that's just a really hard burden to bear," said juror Mona, who favoured execution. THE ASSOCIATED PRESS

CONSERVATION

## Lion hunt raffle scrapped

A professional hunter in Zimbabwe has cancelled a plan to raffle a lion hunt at a hunters' convention in the United States, following protests from activists.

Martin Nel said he is scrapping the raffle in which he hoped to sell 100 raffle tickets for \$1,500 each in Las Vegas next month. LionAid, a U.K.-based charity, had expressed shock at the proposal, which focused attention on the heated debate about whether hunting hurts already vulnerable species or can help them by raising funds for conservation.

In a statement this month, Nel said the raffle winner could also have chosen to have a lion collared for research and that the project was designed to raise funds for conservation studies at Zimbabwe's Bubye Valley Conservancy.

Last year, an American killed a well-known lion named Cecil in Zimbabwe in an allegedly illegal hunt, causing a global outcry. The number of wild lions in Africa has been dwindling for many years. THE ASSOCIATED PRESS



**The late Cecil** ANDY LOVERIDGE/WILDLIFE CONSERVATION RESEARCH UNIT

**We're not victims, but the impact on us has been tremendous. We're looking for a little bit of peace, too.**

Colorado theatre shooting trial juror Jessica, 30

**RICK MERCER REPORT**  
TONIGHT

Rick makes a splash white water kayaking on the Chilliwack River in British Columbia.

#rickmercerreport

ALL-NEW  
**TONIGHT 8**



## MEXICO

## 'Nothin' to hide,' Sean Penn claims

Actor Sean Penn said he has "nothin' to hide," after images published Monday indicated he was under surveillance when he met with the Mexican actress who led him to Joaquin "El Chapo" Guzman — and the pair was apparently followed and photographed as they set out for the supposedly secret meeting with the drug lord.

Penn shrugged off a suggestion he was "taking hits" for agreeing to submit the story to Guzman prior to publication of the story by Rolling Stone magazine.

Penn also dismissed criticism over his interview with the fugitive, who was captured Friday, a day before Penn's 10,000-word story was published in Rolling Stone.

Mexican officials said Guzman's contacts with Penn and del Castillo helped them track down the fugitive. Guzman was finally captured Friday.

He's being held at the same prison from which he escaped through a tunnel in July.

Both his original cell and the mile-long tunnel he had built have been "made unusable," an official said, without specifying how.

THE ASSOCIATED PRESS



Sean Penn. AFP/GETTY IMAGES FILE

### IN BRIEF

#### swedish police accused of coverup of assaults

Swedish police face allegations of a coverup for failing to publicly report sexual assaults against teenage girls at a music festival last August. The newspaper Dagens Nyheter (which reported the incidents in connection with attacks on women in Cologne, Germany) cited officials saying police are reluctant to speak about crimes linked to migrants for fear of playing into the far right. THE ASSOCIATED PRESS

# Baghdad mall attacked

## IRAQ

## ISIL claims it's behind bomb that killed 18

The Islamic State of Iraq and the Levant (ISIL) group claimed responsibility for the Baghdad mall attack that killed 18 people on Monday. Gunmen stormed into the Jawhara Mall after setting off a car bomb and launching a suicide attack at its entrance.

Iraqi officials say the attack, which lasted over an hour, killed at least 18 people and wounded 50 in the city's mainly Shiite east.

The ISIL statement, posted online shortly after the attack, said a car bomb and four ISIL fighters carried out the attack, targeting an area where many Shiite Muslims are known to

gather and warned of "worse" to come. Iraqi officials say the attack was carried out by seven men, one of whom died when he detonated his explosive vest at the start of the attack. The conflicting accounts could not immediately be reconciled.

Iraqi officials initially described the attack as a hostage situation, estimating that 50 people were trapped inside the complex. But Iraqi forces soon surrounded the building and landed troops on the roof. They clashed with the attackers inside, killing two of them, and arresting the other four.

At least four police officers were among those killed in the assault, according to police and medical officials, who spoke on condition of anonymity because they were not authorized to brief reporters.

Following the attack, authorities shut down the city's



People gather in front of targeted mall. THE ASSOCIATED PRESS

highly fortified Green Zone, home to a number of foreign embassies and most of the country's political elite. A number of major roads, shopping malls and bridges around the Iraqi capital were also closed for fear of followup attacks.

Also on Monday evening, a car bomb in southeast Baghdad in a crowded market area killed five and wounded 12, according to hospital and po-

lice officials.

Another deadly attack was carried out in the town of Muqaddiyah, about 90 kilometres north of Baghdad in Diyala province. A double suicide bombing at a cafe killed 24 and wounded 52, according to hospital and police officials. Police officials say the cafe was frequented by militia fighters under the government-sanctioned Popular Mobilization

### FINANCES

#### U.S. targets airstrikes on ISIL's stores of cash

A U.S. defence official says American airstrikes are chipping away at the ISIL's cash piles. An air-strike this week hit what the official called a "cash storage facility" in the city of Mosul, which is the militants' main stronghold in Iraq. THE ASSOCIATED PRESS

Forces and many fighters are among the dead.

ISIL suffered a major defeat last month when Iraqi forces drove the extremists out of the western city of Ramadi, capital of the sprawling Anbar province. The group still controls much of northern and western Iraq. THE ASSOCIATED PRESS



Protesters opposing the PEGIDA movement (Patriotic Europeans Against the Islamisation of the Occident) attend a counter rally in Leipzig on Monday. PEGIDA demonstrators lit torches and shouted slogans in support of the xenophobic far-right movement as public anger runs high over the Cologne assaults. AFP/GETTY IMAGES

## IMMIGRANTS

## Don't fight violence with violence, Germany implores

A string of attacks on women in Cologne on New Year's Eve blamed largely on foreigners was "intolerable," Chancellor Angela Merkel's spokesman said Monday, but added that nothing excuses retaliatory assaults on immigrants.

Merkel has proposed making it easier to deport immigrants involved in crimes. But after Cologne police said a group of Pakistanis and a Syrian were attacked in the city on Sunday, Seibert said Germans must not blame all the nearly 1.1 million migrants who entered the country last year and said the

government is also focused on their welfare.

"We're doing all of these things to protect the population in Germany," he said. "We are also doing this for the great majority of innocent refugees who have sought refuge from bombs and war in our country and who should get this protection and who are prepared to adapt to the rules and values in our country."

The six Pakistani nationals were attacked Sunday by around 20 people, and two of them were briefly admitted to a hospital, police said. Also

**As abominable as the crimes in Cologne and other cities were ... there is no justification for blanket agitation against foreigners.** Justice Minister Heiko Maas

Sunday evening, five people attacked a Syrian man, who was injured but didn't need treatment.

Police official Norbert Wagner said authorities are treating those attacks as anti-foreigner crimes and believe the assailants arranged to meet via social media.

The New Year's Eve assaults stoked tensions over Germany's open-door policy to refugees and prompted politicians to call for tougher laws against migrants who commit crimes.

"As abominable as the crimes in Cologne and other cities were, one thing remains

clear: there is no justification for blanket agitation against foreigners," Justice Minister Heiko Maas said, adding that some people "appear just to have been waiting for the events of Cologne."

Authorities and witnesses said the New Year's Eve attackers were among a group of about 1,000 people, described as predominantly Arab and North African men, who gathered at Cologne's central train station. Some broke off into small groups and groped and robbed women, police said.

THE ASSOCIATED PRESS

# Beef industry lowers harmful emissions

## ENVIRONMENT

## Results due to switching feed from grass to grains: Study

Canada's cattle industry is producing more beef with less greenhouse-gas emissions, says a new study.

Researchers at the University of Manitoba and Agriculture Canada found a 15 per cent reduction in methane emissions on a production basis between 1981 and 2011, and a 16 per cent cut in nitrous dioxide from manure.

The results were achieved partly by feeding cattle grain instead of grass and other forage when they are being fattened before slaughter, says the study published in the journal Animal Production Science.

"A lot of our efficiencies in

**20,000**

Agriculture Canada once estimated a single lactating dairy cow produces a similar amount of greenhouse-gas emissions as a mid-sized car driven 20,000 km in one year.

hasn't changed much over the years, McAllister said.

The Canadian Cattlemen's Association hopes the study helps counter some of the criticism the beef industry has received over the years about how it affects the environment.

THE CANADIAN PRESS



Canadian cattle account for 3.6 per cent of the country's total greenhouse-gas emissions, according to a research scientist with Agriculture Canada. TORSTAR NEWS SERVICE FILE

## ENTERTAINMENT

## Cineplex gets into gaming

Cineplex has launched its first national video-game tournament in hopes of capitalizing on the growing popularity of competitive gaming to help fill seats at its countrywide chain of theatres.

The company's foray into gaming tournaments is aimed at a younger demographic being pulled away from movie theatres by mobile phones, YouTube and social media.

"E-sports are quickly becoming a global phenomenon and, as a company, we've invested in it because it allows us to engage a new customer base,"

### E-SPORTS

- Competitive gaming, also known as e-sports, has become a huge market overseas in places such as South Korea and Japan, where matches of popular games like Starcraft sell out stadiums.

Cineplex spokeswoman Sarah Van Lange said Monday.

Cineplex is offering \$50,000 in prizes in one-on-one matchups of Call of Duty: Black

Ops III. The tournament will begin Saturday with qualifying rounds to be played online, followed by matches at 24 theatres next month and a final event on March 6. The Canadian office of gaming giant Sony has signed on as the lead sponsor, and the competition will take place on that company's PlayStation 4 console.

But questions remain about the revenue potential for Cineplex. "It's an unproven model, but there certainly seems to be a lot of gamers out there," said BMO analyst Tim Casey.

THE CANADIAN PRESS

### market minute



DOLLAR

70.31¢ (-0.37¢)



TSX

12,319.25 (-126.20)



OIL

\$31.41 US (-\$1.75)



GOLD

\$1,096.20 US (-\$1.70)

NATURAL GAS: \$2.396 US (-7.6¢)

DOW JONES: 16,398.57 (+52.12)

### BUDGET CONSULTATIONS

#### Growth hit hard by oil prices: Finance minister

The federal finance minister says the economy is suffering from slower growth than originally projected by the former Conservative government.

Bill Morneau told the Halifax Chamber of Commerce that his department's projections on growth since the 2015 budget have fallen due to oil prices that are less than half those of 2014.

But he didn't indicate if that will mean the federal deficit will be higher than the Liberals promised during the election campaign.

Prime Minister Justin Trudeau promised during the campaign to run annual deficits of no more than \$10 billion over the next two years while pumping billions into infrastructure projects to stimulate the stagnant economy.

The finance minister didn't provide specific figures on how the struggling



Finance Minister Bill Morneau. THE CANADIAN PRESS

economy will affect this promise, but dropped some hints that it is affecting budget plans.

"We knew when we were campaigning we were facing a slow-growth environment," he said.

"The challenge is greater than we expected."

Morneau is travelling across the country this week to seek input as he draws up his first federal budget.

THE CANADIAN PRESS

## Service Directory

To advertise contact 403.444.0136

### PSYCHICS

**SAI DURGA MATA ASTROLOGICAL CENTER**

**Pandit: SHIVA**

Specialist in Solving Problems:  
Business, Love, Family, Depression,  
Husband-Wife, Children, Court,  
Jealousy, Money, Work etc

**100% Guarantee**

**LOVE GURU**

Removes Black Magic, Jadoo, Voodoo & Gives 100% Life Long Protection

**587-717-4050**

101 Martinglen Way NE Calgary AB  
(Near West winds Superstore)



### TAX CREDITS

**Hip or Knee Replacement?**

The Disability Tax Credit allows for a  
**\$2,500 Yearly Tax Credit**  
**\$20,000 Lump Sum Refund (on avg)**

Copd, arthritis, and many other disabling conditions that cause **Restrictions in Walking or Dressing** may qualify.

For Expert Help: **1-844-453-5372**



### PSYCHICS

#### STAPHA AFRICAN PSYCHIC

Reuniting Loved Ones ·  
Stopping Divorce ·  
Removing Bad Spirits ·  
Success in Business ·  
Healing Protection ·  
Results Guaranteed ·  
**403.802.0367**

**DAILY WARM UP**



Calgary metro

## THE HANDY POCKET VERSION!

Get the news as it happens

Download the Metro News App today at [metronews.ca/mobile](http://metronews.ca/mobile)

**Adventure!**

Teach English Overseas

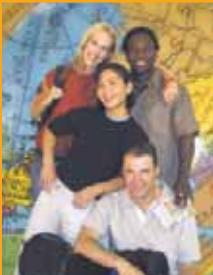
- > TESOL Certified in 5 Days
- > In-Class or Online
- > No Degree Required!

**1.888.270.2941**

Job Guaranteed!

Next in-class course: Jan. 31 and Feb. 1-5, 2016  
Next Seminar: January 13<sup>th</sup>, 2016 @ 7pm  
Best Western Village Park Inn, 1804 Crowchild Trail NW  
[www.globalesol.com](http://www.globalesol.com)

**GLOBAL TESOL COLLEGE**  
Teach English Worldwide



**Job Guaranteed!**

# metro VIEWS

Your essential daily news

Tuesday, January 12, 2016

## the big number

# \$55M

**That's the windfall David Bowie made by issuing "Bowie Bonds" tied to his future royalties in 1997.** The singer was ahead of his time not only when it came to music, gender expression and enormous pants, but also in terms of **securitization, the process of taking real-life assets and turning them into financial instruments.** Bowie Bonds let the artist raise money without selling the rights to his work or having to wait for royalties to roll in. People who bought in received a portion of the future sales of music from Bowie's 25-album, 21-year back catalogue over a 10-year period. The bonds paid a 7.9 per cent yield, and though they didn't perform as well as expected — the industry soon came under pressure from pirates — the idea caught on. Iron Maiden, James Brown and Rod Stewart got on the bond-issuing bandwagon. Soon securities promising future profits from everything from time-share loans to racehorse sperm flooded the market. (And sub-prime mortgages, too, though that's another story). Bowie had foreseen the ch-ch-ch-changes in the music business, telling the New York Times in 2002 that "The absolute transformation of everything that we ever thought about music will take place within 10 years ... just take advantage of these last few years because none of this is ever going to happen again." SOURCE: BLOOMBERG

## A bigger down payment is actually a good thing



Diane Baker  
Mason  
For Metro

It's a common misconception that buying a house is always a good investment.

This myth has been bolstered over the last decade by skyrocketing housing prices, with nearly frantic buyers borrowing disproportionate amounts of money in order to "enter the market," with

If this banquet ends with a crash, even those of us who never borrowed a penny will be chipping in to pay the bill.

down payments of as little as five per cent.

Meanwhile, lenders — banks and trust companies — are happy to hand out money.

Why? Because they aren't the ones facing the risk, in the event of a crash. That risk is in the hands of the lenders' default insurers, including the crown corporation, Canada Mortgage and Housing Corporation — our corporation.

Mortgage default insurance has been around for decades, and is not in itself a bad thing. Ordinarily a bank, by law, is permitted to provide first mortgage financing only to buyers with a 20 per cent down payment. Even in a reasonable market, that puts home ownership out of reach for many.

But thanks to CMHC (and to two other private insurers), Canadians need to provide only a five-per-cent down payment, for homes valued up to

\$1 million.

This insurance protects the lender, not the borrower. Upon default, the insurance company pays the bank, then pursues the borrower. As for the premium (which can be as much as 3.85 per cent of the amount borrowed), it is added to the debt. On a \$500k loan, that's another 20 grand — which, on a loan of half a million dollars, doesn't seem like much.

But it is. This will be painfully apparent when interest rates eventually go up. Payments on these massive loans might be manageable at 2.5 per cent, but at five, six or 10, they'll be impossible.

The market will fill with houses that people have to sell, and houses mortgaged beyond their value will be unsellable. The defaulted loans will be enforced by the insurers — including the taxpayer-subsidized CMHC — which will take the hit for any loss.

Despite collecting premiums, CMHC has in the past been in a loss position when the real-estate market has crashed.

In order to cool the market without causing a crash, the federal government is introducing changes to the insured-mortgage rules effective Feb. 15, 2016, increasing the down payment to 10 per cent for the portion of a home value greater than \$500k. In a falling market, this minimal equity will quickly vanish.

Lenders hand out money at low rates, and we gobble it up, borrowing beyond our means to buy houses at inflated prices.

It's been quite the banquet. And if this banquet ends with a crash, even those of us who never borrowed a penny will be chipping in to pay the bill.

**Diane Baker Mason** is a Toronto-based novelist, writer and retired lawyer.

## ROSEMARY WESTWOOD

metroview



## The Bowie handbook for a crazy, creative, ever-changing life

The first time I listened closely to David Bowie, I couldn't see the stars at all.

I was driving B.C.'s switchback, two-lane Sea-to-Sky highway at night, while construction crews laboured to widen the roads. The looming spotlights and dust kicked up by heavy machines obscured everything around the car.

I couldn't see more than a dozen metres ahead, and it felt like navigating some robot-strewn future, listening to a mixtape of Bowie, who seemed to be singing from somewhere beyond this world.

One chord from Ziggy Stardust, and the picture appears: me, young and truly alone for the first time, trying to make something of myself in a strange town. Dust, lights and darkness.

Many others will tell you, better than I could, what David Bowie meant to fashion, to finance, to music, to ideas of gender. But his effect on our notions of who and what we could be — that it is his most revolutionary legacy.

The David Bowie handbook for living would include such points as: You don't need to pick an identity, as you are infinitely changeable. Feel free to wear pants as large as you like. Weird is sexy. Never take half-steps in make-believe. Don't worry about gender conformity. Don't worry about fluid sexuality. Be insanely productive.

Be insanely creative.

The foremost ideal he portrayed was freedom. Second was gall. Both made him very rich, which was undoubtedly part of the calculation, but his wealth doesn't lessen the message.

I never became an avowed fan. I can't list off all his alter egos in chronological order and match his elaborate outfits to his world tours. But you didn't have to be a fan to understand the way he ignored the rules. And there could have been no better soundtrack to that summer, driving the highway at night and dreaming of who I could be.

Bowie will be remembered as a genius of the level few could aspire to. But there's nothing stopping anyone from aspiring to his approach to life, if to less dazzling and lucrative ends.

"I thought he was a vampire! I thought he'd live forever!" one colleague quipped, after word broke that Bowie died of cancer.

Few knew he was sick. Few believed he could die. But you really can't avoid it — even if you're Bowie. Eventually, you run out of costume changes. There's no more time to contribute to the world. There is no more time for shape-shifting.

With whatever time you have, why hold back when you could more like Bowie?

metr  
Your essential daily news

STAR MEDIA GROUP PRESIDENT  
**John Cruickshank**

VICE PRESIDENT & EDITOR  
**Cathrin Bradbury**

VICE PRESIDENT & GROUP PUBLISHER  
METRO WESTERN CANADA  
**Steve Shrout**

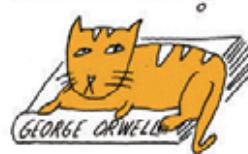
MANAGING EDITOR CALGARY  
**Darren Krause**

ADVERTISER INQUIRIES  
adinfocalgary@metronews.ca  
General phone 403-444-0136

FREE TO SHARE

PHILOSOPHER CAT  
by Jason Logan

THE QUICKEST WAY  
OF ENDING A WAR  
IS TO LOSE IT.



Philosopher cat now at  
[www.mymetrostore.ca](http://www.mymetrostore.ca)

# 5

# WAYS WE WILL REMEMBER DAVID BOWIE



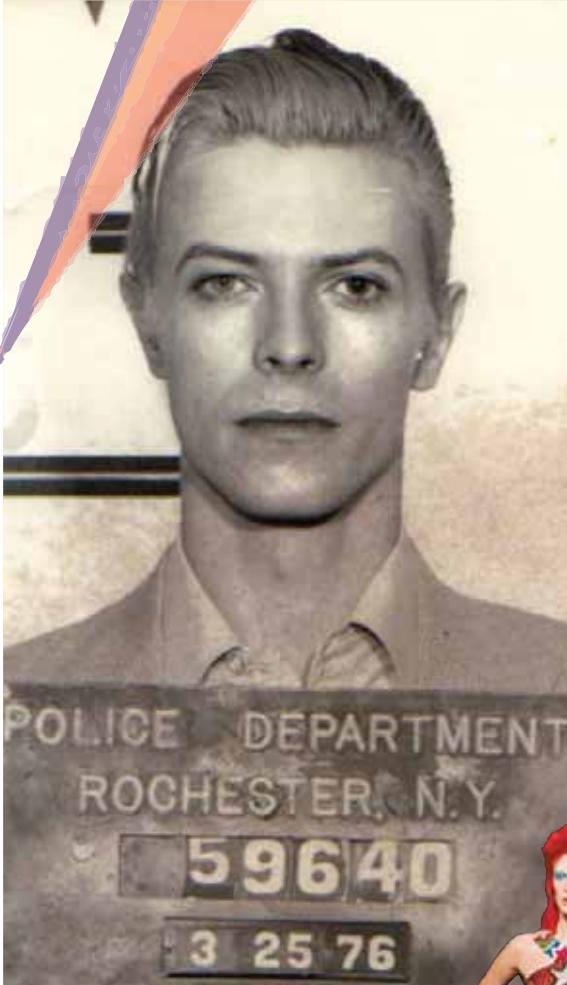
TORSTAR NEWS SERVICE



## 1 The Songs

Long before alter egos and wild outfits became commonplace in pop, Bowie turned the music world upside down with the release of the 1972 album, **The Rise and Fall of Ziggy Stardust and the Spiders from Mars** which introduced one of music's most famous personas.

Ziggy Stardust was a concept album that imagined a rock star from outer space trying to make his way in the music world. The persona — the redhead, eyeliner-wearing Stardust — would become an enduring part of his legacy, and a touchstone for the way entertainers packaged themselves for years to come. Bowie scored hit after hit over more than four decades, ranging from **Changes**, **Starman**, and **Rebel Rebel**, to **Heroes**, **Ashes to Ashes** and 1981's **Under Pressure**.



CONTRIBUTED

David Bowie's mug shot from a 1976 pot bust.

## 3 The Man

"My entire career, I've only really worked with the same subject matter," Bowie told The Associated Press in a 2002 interview. "**The trousers may change, but the actual words and subjects I've always chosen to write with are things to do with isolation, abandonment, fear and anxiety — all of the high points of one's life.**"

During his career, Bowie famously declared himself bisexual in the 1970s. In a 1983 Rolling Stone article he called the declaration the biggest mistake he ever made, qualifying that comment to Blender magazine in 2002 to say "I don't think it was a mistake in Europe, but it was a lot tougher in America."

In the 1980s he famously and publicly challenged MTV on its refusal to play black music videos on air.



CONTRIBUTED

## 2 The Movies

Bowie will always be remembered for his tight-pants-wearing turn as Jareth the Goblin King in the 1986 fantasy-adventure film **Labyrinth** (inset) and as Maj. Jack "Strafer" Celiers in the BAFTA-winning Japanese prisoner of war film **Merry Christmas, Mr. Lawrence**.

Bowie won an acting award for his performance as Thomas Jerome Newton, an extraterrestrial, in **The Man Who Fell to Earth**, and appeared as a vampire opposite Catherine Deneuve in **The Hunger** (top). Other acting credits include **Twin Peaks: Fire Walk with Me, Basquiat** — where he played Andy Warhol — Pontius Pilate in Martin Scorsese's controversial **The Last Temptation of Christ** and Nikola Tesla in Christopher Nolan's thriller **The Prestige**.



As the world mourns the death of the legendary David Bowie, Metro looks at how the shape-shifting genius influenced pop culture for more than half a century

METRO/THE ASSOCIATED PRESS/AFP



CONTRIBUTED

## 4 The Duets

You may not think of Bowie as a Christmas artist, but his 1977 duet of **Peace on Earth/Little Drummer Boy** with Bing Crosby is a perennial favourite during the holiday season thanks to annual play on MuchMusic in the 1980s and '90s and millions of YouTube views. Bowie recorded a duet for the song **Under Pressure** with Queen in 1982, and performed it live with Annie Lennox. Other notable collaborations include the legendary **Dancing in the Street** with Mick Jagger, and **Hello Spaceboy** with Nine Inch Nails and also the Foo Fighters.

## 5 The Fashion

Bowie — with his outrageous alter egos — was as renowned for his image and influence on fashion design as he was for his music.

From the much-copied lightning-flash face paint of Aladdin Sane, the oversize shoulders and white shirt collars of Thin White Duke to the trilby hat and floppy fringe of the alien he played in the movie **The Man that Fell to Earth**, Bowie for decades boldly broke boundaries in style and gender with his influential looks.

Then there was, of course, 1972's flame-orange-haired **Ziggy Stardust** — his most recognizable invention. Jean Paul Gaultier (a Ziggy-inspired design from a 2013 Gaultier collection is shown at left), Dior, Saint Laurent and Dries Van Noten and fashion-conscious actresses such as Tilda Swinton all owe Bowie a lot. Trends in recent seasons have turned the clocks back to the glam rock of the 1970s and '80s — a Bowie signature.



CONTRIBUTED

# Playing pregnancy roulette

## HEALTH POLICY

## Canada lags behind other nations in birth control access

**Liz Brown**  
Metro | Canada



When her period comes each month, Anne Wilson\* breathes a sigh of relief. "I'm like, oh thank God," she says, laughing nervously.

The 31-year-old Toronto entrepreneur doesn't want to play roulette with pregnancy, but she's left with few options due to health issues that prevent her from using most forms of birth control.

At present, she and her partner use condoms, but, "I can tell you we're not using them perfectly 100 per cent of the time," she says.

Doctors have advised her that her only option is an IUD. Wilson's painful menstrual cramps remove the copper IUD from her list of options — it's known to exacerbate cramps in some women — leaving her with two remaining choices: hormonal IUDs Mirena and Jaydess.

But Wilson can't afford either — both cost upwards of \$300 and subsidized birth control clinics don't offer them.

"I'm just starting a business so I'm always worried about when money is coming in, and these costs add up," she says. "I wish there were more options."

Wilson isn't alone.

According to the Canadian Contraception Consensus report from the Society of Obstetricians and Gynaecologists of Canada, 15 per cent of sexually active Canadian women aren't using any form of birth control and 20 per cent are using a form of birth control inconsistently. And according to the World Health Organization, 51 per cent of pregnancies in North America were unintended in 2012 (a stat that

includes pregnancies that were not carried to term).

Low-income women are twice as likely to use no contraceptives compared to the highest earners. And one third of Canadian women will have an induced abortion at some point in their life. Simply put, Canadian women are facing enough barriers to birth control that a substantial number are risking unplanned pregnancy each month.

"When we look around the world, Canada is one of the only societies that pays for universal health care ... but doesn't provide free contraception," says Dr. Wendy Norman, chair of the Contraception Access Research Team (CART) at the University of British Columbia. "The number one barrier that we've identified for women accessing birth control is cost," she adds.

The United States, 11 countries in Europe, the U.K., Australia and New Zealand all provide a universal subsidy for contraception.

In Canada, however, affordable birth control is provided to those in need through a patchwork of sexual health clinics funded by public health authorities. While these clinics do offer affordable options such as oral contraceptives ranging from free to \$10 per month, or five-year copper IUDs for \$60, many women find it difficult to access these services due to limited drug choices, clinic hours and long wait times.

Catherine Datta, the north/east manager of the Toronto Sexual Health Clinics, calls her clinics "oversubscribed," noting in 2014, over 63,000 people visited them and sometimes experienced wait times of more than two hours.

"The hours (of subsidized birth control clinics) don't support the people who may use them the most," agrees Pam Krause, executive director of the Calgary Sexual Health Centre. According to Krause, the clinics in Calgary have hours similar to school and offices, making it difficult for teens

or single working mothers to visit them.

That leaves many women using condoms or withdrawal for birth control, two methods with the highest rates of failure — 21 per cent failure for condoms over one year of typical use, and a 22 per cent failure for withdrawal over one year of typical use, according to research from Princeton University in 2011. In contrast, less than 1 per cent of women using an IUD will become pregnant over one year.

"Because the least effective contraceptive methods cause the most pregnancies, it costs the health system much more than it would to provide a more expensive option because so fewer pregnancies result when consumers use the most effective methods (which are the most expensive)," says Norman. According to Dr. Norman, free, accessible birth control is one of the easiest ways to reduce costs on the health care system.

American research shows that the nation's publicly-funded clinics — which provide access to free or subsidized birth control — saved the U.S. \$13.6 billion in 2010, or about \$7 for every public dollar spent.

And a study from St. Louis, Mo., conducted between 2007 and 2011 involving 10,000 young women given the option of various methods of free birth control resulted in a dramatic drop in unintended pregnancy.

The annual rate of pregnancy for participants in the study was 34 per 1,000 women, compared to a U.S. national average of 57 per 1,000.

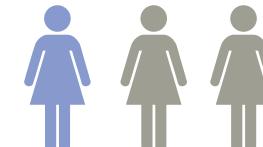
About 75 per cent of the participants opted for long-acting IUDs, where in contrast, only about 2 per cent of the general female population in the U.S. use an IUD.

"We can see as soon as a subsidy is brought in, particularly for highly effective methods like IUDs, the population shifts towards using them," says Norman.

"In Canada we don't have much research to guide us. This (contraceptive access) hasn't



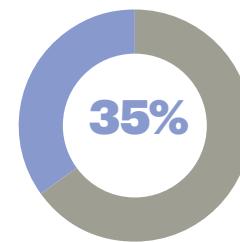
## BIRTH CONTROL BY THE NUMBERS



**One in three Canadian women will have an abortion in their lifetime**

**\$13.6B**

**The money the U.S. government saved in social and health care costs in 2010 by funding family planning programs**



**The percentage of sexually active Canadian women using no contraception, or contraception inconsistently**

LIZ.BROWN@METRONEWS.CA

\*Name changed at source's request.

SOURCE: CANADIAN CONTRACEPTION CONSENSUS REPORT 2015, THE SOCIETY OF OBSTETRICIANS AND GYNAECOLOGISTS OF CANADA

**JOHANNA SCHNELLER**  
**WHAT I'M WATCHING**

# Cause close to her heart — and pocketbook



Images of Winfrey in a new Weight Watchers commercial.

YOUTUBE/SCREENSHOT

**THE SHOW:** Weight Watchers commercial

**THE MOMENT:** Oprah's manifesto

Dressed in expensive loungewear and gold jewellery, Oprah Winfrey sits on plush outdoor furniture and gazes at her bestie, the camera. "Inside every overweight woman is a woman she knows she can be," she intones with enough gravitas to power two confessions, three commencement speeches and a State of the Union address. Piano music begins to play.

"Many times you look in a mirror and you don't recognize yourself. Because you've gotten lost. Buried in the weight. That you carry." Images of Winfrey working out appear. "Nothing you've ever been through is wasted," she goes on. "So every time I tried and failed has brought me to this most powerful moment." The music swells.

First of all, I hope that Oprah never crosses to the dark side.

Because if she appeared on TV saying, "Let's take over the financial system," or "Everyone should kill her spouse," people would do it — she is that convincing.

Second, I was surprised that she was shilling so hard for Weight Watchers — I mean, yeah, weight loss is part of good general health, but she sounds like a shrink delivering a world-shaking manifesto, like she's curing cancer, ending global warming and solving our childhood issues all at once.

Then I found out that last October, she bought 10 per cent of the company, for \$43.2 million — and that the stock value has tripled since. Her shares are now worth \$148 million. Last week, after the initial spots aired, the stock went up again. No wonder she sounds so passionate.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

**PLAY Yesterday's Answers**  
from your daily crossword and Sudoku



for more fun and games go to  
[metronews.ca/games](http://metronews.ca/games)

**GOLDEN GLOBES**

## Howard reacts to Leo's acceptance speech

First Nations actor Duane Howard admits he "choked up" when The Revenant star Leonardo DiCaprio dedicated his Golden Globe trophy to indigenous communities around the world. Howard says he and his friends were watching in Vancouver when DiCaprio took the stage on Sunday to claim the best dramatic film actor award. DiCaprio shared the award with "all the First Nations people represented in this film and all the indigenous communities around the world."

Howard plays lead Arikara warrior Elk Dog in the drama, which was partly shot in Alberta and British Columbia and features dozens of local actors and crew. He calls DiCaprio's speech "really meaningful," and says he'd like to see more meticulous portrayals of indigenous culture come out of Hollywood.

The Revenant also earned



**Duane Howard.**  
GETTY IMAGES

Golden Globes for best dramatic film and for director Alejandro Inarritu. DiCaprio plays fur trapper Hugh Glass, who is left for dead after being attacked by a bear. Desperate to survive, he braves icy waters and an unforgiving wilderness in search of the team that left him behind.

"It is time we recognize your history and that we protect your

indigenous lands from corporate interests and people that are out there to exploit them," DiCaprio said in his acceptance speech. "It is time that we heard your voice and protected this planet for future generations."

Howard said that he was moved. "That's really meaningful when a Hollywood celebrity like that reaches out to the world and acknowledges us First Nations people like that, that means something," he said. THE CANADIAN PRESS

# HOUSE OF CARS

SALES / SERVICE / FINANCE

Calgary's #1 Pre-Owned Dealer Group  
[www.houseofcarscalgary.com](http://www.houseofcarscalgary.com)

**6 MONTHS (O.A.C.)  
NO PAYMENTS!**

Visit one of our 4 dealership locations today or find us online at [www.houseofcarscalgary.com](http://www.houseofcarscalgary.com) to apply!

Rates Starting @

**\$0** DOWN PAYMENT      **3.9%**

Prices are based on vehicle only. Warranty, finance fees, and GST extra O.A.C. All bi-weekly payments are calculated at 4.99% interest over 60/72/84 months depending on year of vehicle. Total cost of credit based on an interest rate of 4.99% over 84 months will be approximately \$3,353.19 if customer pays the minimum payment for the full term. Each individual's credit will result in different cost of credit amounts.

**Easy 30 Second Online Application**  
[WWW.HOUSEOFCARSCALGARY.COM](http://WWW.HOUSEOFCARSCALGARY.COM)

House of Cars (Chinook)  
115, 61 Avenue S.W.  
Calgary, AB T2H 0B3  
P: 403-454-5794

House of Cars (Bentley)  
2410 - 24 Street N.E.  
Calgary, AB T1Y 3N7  
P: 563-352-7327

House of Cars (MacLeod)  
3909 Macleod Trail S  
Calgary, AB T2G 2R4  
P: 403-457-2244

House of Cars (Medicine Hat)  
621, 15 Street S.W.  
Medicine Hat, AB T1A 6W4  
P: 582-289-0681

House of Cars Inc. is a Licensed AMVIC automotive retail dealer.

**HOUSE OF CARS**

SALES / SERVICE / FINANCE

# metro SPORT

Canada's Daniel Nestor hit a career milestone at the Apia International Sydney Monday with his 1,000th ATP Tour doubles win



## Regehr returns to hang 'em up

NHL

### Longtime Flames D-man retires after 15 seasons

Robyn Regehr may have won a Stanley Cup with the Los Angeles Kings, but he's retired as a Calgary Flame.

The 35-year-old defenceman signed a ceremonial contract with the Flames on Monday to make it official.

Regehr played 11 of his 15 NHL seasons in Calgary before he was traded to the Buffalo Sabres in 2011 and then dealt to the Kings.

He won a Stanley Cup with Los Angeles in 2014, and made the following 2014-15 season his last.

"I always felt that I was a Calgary Flame and when I look back on my career, that's the team that I identify the most with, having spent the most time here, having a big group of family and friends and a support network here in Calgary," Regehr said Monday at a news conference.

"I put a lot of time and effort into the team when I was



Robyn Regehr GETTY IMAGES FILE

here. It's a nice way to celebrate that."

The six-foot-three, 225-pound defenceman had 36 goals and 163 assists in 1,090 NHL games.

The punishing shut-down defenceman was an integral part of Calgary's run to the 2004 Stanley Cup final, which the Flames lost in seven games to the Tampa Bay Lightning.

Regehr ranks second all-time in games played for the Flames with 826. He was an assistant captain of the team for seven seasons.

"No matter where he plays, no matter what he does, he's always going to be a Calgary

Flame," said Flames assistant general manager Craig Conroy, who was also Regehr's teammate.

Regehr was born in Brazil, but grew up in Rosthern, Sask. He was a first-round draft pick of the Colorado Avalanche, who traded his rights to the Flames in a package deal that included Theoren Fleury going to the Avs.

Regehr's career was nearly derailed by a serious car accident at the age of 19. He made his NHL debut less than four months after breaking both legs in the accident.

"Going through that situation and how emotional that was and how tough physically it was and all the rehab I had to go through as a 19-year-old, I felt different," Regehr recalled. "I wanted to make the most of any opportunity that I got."

Regehr played for Canada in the 2000 and 2005 world championships, as well as the 2006 Winter Olympics.

Regehr, his wife and two sons now make Calgary their home.

The combination of winning a Stanley Cup in front of family and friends, as well as his body wearing down, prompted Regehr to retire.

"The body knew it was time and also not needing to chase a championship around anymore, there were things that fell into place that kind of made sense," he said.

THE CANADIAN PRESS



**SHARKS TOPPLE FLAMES** Joe Pavelski of the Sharks crashes into the Flames' Mikael Backlund at the Scotiabank Saddledome on Monday night. Joel Ward's goal midway through the third period stood as the game-winner as the Sharks won 5-4. JEFF MCINTOSH/THE CANADIAN PRESS

# THANK YOU CALGARY

## YOU DARED TO MAKE A DIFFERENCE

# Identifying with Walsh's pain

NFL

## Paul McCallum also missed a vital field goal, felt fans' rage

Paul McCallum knows all about what it's like being the face of a team's playoff failure.

In 2004, he missed two field goals — including a chance to win in overtime — in the Saskatchewan Roughriders' 27-25 West Division final loss to the B.C. Lions. The 23-year CFL veteran kicker was the target of numerous threats from angry fans while his home was pelted with eggs and manure dumped on his lawn.

So McCallum can certainly relate to Minnesota kicker Blair Walsh, whose missed 27-yard field goal with 22 seconds remaining handed the Seattle Seahawks a stunning 10-9 NFC wild-card road Sunday. Predictably, irate Vikings fans flocked to social media afterwards wishing Walsh would die or predicting his impending death.

"It's not that people need to blame someone, it's that they



**Vikings kicker Blair Walsh** missed the game-winning field goal against the Seahawks on Sunday.

NAM Y. HUH/THE ASSOCIATED PRESS

have to and it's ridiculous," McCallum said Monday via telephone from Vancouver. "We get paid to kick a ball between two posts, let's put that into perspective.

"You want to yell and scream at the game? Go ahead. But now you take it outside and go to



**Paul McCallum**  
GETTY IMAGES

the extent of sending (death wishes)? Now those things need to be taken just as seriously as if it was someone in an office making (those wishes)."

Walsh made an NFL-high 34 field goals this season and connected three times — including from 47 yards out — against Seattle. But he hooked his final attempt, made into the wind in -32 C conditions with the laces turned in on the hold.

"It looked like all he was trying to do was get it up because he changed his form a little bit," McCallum said. "He was trying to compensate a little bit and pulled it."

McCallum, 46, downplayed the roles the laces, weather or pressure of the moment had on Walsh missing.

"Everyone saw he kicked the 47-yarder with the laces and it was good, he hit it fine," McCal-

lum said. "The pressure, that's just the job, it doesn't matter.

Walsh's miss took attention away from Minnesota's struggling offence. Not only did the unit fail to score a touchdown, NFL rushing leader Adrian Peterson managed just 45 yards rushing on 23 carries. His second-half fumble also allowed Seattle to kick a field goal for the 10-9 lead.

But that was of little solace to some Vikings fans, who posted videos on Twitter of individuals successfully kicking 27-yard field goals in snowy, cold conditions.

McCallum said it's important Walsh have both a thick skin and short memory.

"He's a very good kicker," McCallum said. "Don't let one mistake define your career."

THE CANADIAN PRESS

**It's not that people need to blame someone, it's that they have to and it's ridiculous.**

Paul McCallum

## CFL IN BRIEF

### Saskatchewan acquires Redblacks receiver Price

The Saskatchewan Roughriders have acquired international receiver Maurice Price from the Ottawa Redblacks for their sixth-and-seventh-round picks in the 2016 CFL draft.

Saskatchewan also gets Ottawa's sixth-round pick in the deal. Price started all 18 games last year as part of Ottawa's dangerous offence, contributing 58 catches for 603 yards and a touchdown. The Roughriders also signed defensive back Derrius Brooks.

THE CANADIAN PRESS

### Kicker Whyte extends deal with champions Edmonton

The Edmonton Eskimos signed Canadian kicker Sean Whyte to a one-year contract Monday.

The B.C. native hit on one-of-three field goals and added a convert in the Eskimos' 26-20 Grey Cup win over the Ottawa Redblacks. Whyte, entering his eighth CFL season, has made 211-of-251 career field goal tries (84.1 per cent) and 217-of-218 converts.

THE CANADIAN PRESS

### Stampeders sign defensive back Smith to extension

The Calgary Stampeders have signed international defensive back Brandon Smith to a contract extension. Smith joined the team in 2008 and started 17 games last season. He was second on the team with three interceptions and third with 57 tackles. The Sacramento State product also had eight pass knockdowns and a sack.

In 103 career games, Smith has recorded 414 tackles to go with 11 interceptions, including one for a touchdown, 22 knockdowns and six sacks.

Luis Enrique was named best coach after guiding Barcelona to win the Champions League, Spain's La Liga and cup, UEFA Super Cup and Club World Cup.

The women's awards were won by American captain Carli Lloyd and English-born U.S. coach Jill Ellis.

Lloyd stood out by scoring six World Cup goals, including a stunning hat trick in the opening 16 minutes of a 5-2 rout of Japan in the final at Vancouver's BC Place Stadium.

THE CANADIAN PRESS

## SOCER

# Lloyd and Leo reign in Zurich

Lionel Messi has won the FIFA world player of the year award for a record fifth time.

Messi ended Cristiano Ronaldo's two-year hold on the Ballon d'Or trophy on Monday to lift soccer's top individual honour.

The Barcelona forward regained the prize after his club won five major titles last year, leaving Ronaldo's Real Madrid with nothing.

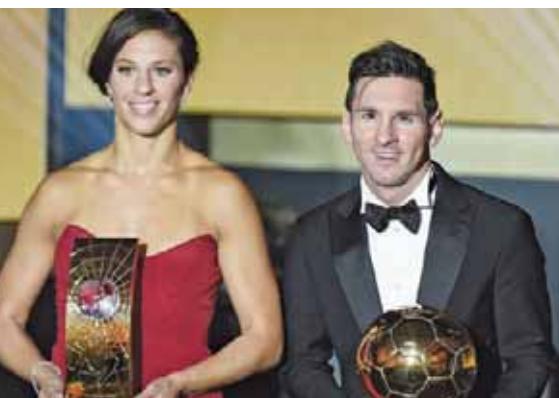
"It's incredible that it's my fifth. It's much more than anything I dreamed of as a kid,"

Messi, who won four straight FIFA awards from 2009-12, said in his acceptance speech.

Messi got 41.33 per cent of total voting points in a 23-candidate ballot. Ronaldo received 27.76 per cent and third-place Neymar got 7.86 per cent.

Voting was by national team captains and coaches, plus invited journalists, from FIFA member countries.

It was a stellar night for Barcelona and the World Cup-winning United States women's team.



**Carli Lloyd and Lionel Messi** were named players of the year on Monday in Zurich, Switzerland.

VALERIANO DI DOMENICO/KEYSTONE/THE ASSOCIATED PRESS

## FROM THE BOTTOM OF OUR HEARTS,



**United Way**  
Calgary and Area  
Building a great city for all.

# LEARNING CURVE

## Stay hot during your winter semester

Whether you came back from the break feeling recharged or maybe still catching up on sleep, the winter semester is here. And to make the most of it, students are planning on ways to improve their grades and time management skills, and remembering to enjoy school, too.

"I want to learn to sleep better and work out," says University of Winnipeg student Trisha Navidad. "Basically, I'm going to make sure to challenge not only my brain, through studying. I'm also never going to schedule my classes at four in the afternoon with night classes again."

She says she's a little nervous coming back for a new semester, but more excited than anything. With still a few years to go, Navidad wants to master the fine balance between focusing on school and not letting it be the only thing in her life.

"I think my biggest goal in attending university is getting my dream job, which is either a career in PR in the tourism or film



ALANA TRACHENKO

industry," she says. "But I think my other goal is to become the person I want to become and develop good habits."

Navidad says it's a steady learning process, in and out of the classroom.

"Now I know that at 4 p.m. there are less

people on the bus and you can actually get a seat."

UW student Adrienne Tessier also wants to strike a balance between school and all of her extracurriculars, including coaching debate, working with non-profit organizations and her

three jobs.

"It's a bit crazy," she admits. But Tessier says she loves the academia setting.

"I'm going to see this term as a continuation of my first term successes, and not see it as a new start," she says. "Seeing this term as a part of a longer journey helps me to keep things in perspective."

With just a bit of her degree left, Tessier is getting a lot out of the smaller class sizes and various elective classes.

"I love small class discussions, and let's be honest, learning about esoteric interests is the best part of university," she says. "I want to take opportunities as they come. This may mean something academic like going to a conference, or even just an opportunity to create meaningful friendships."

She says she's already excited for next year and plans on submitting a couple of papers to peer-reviewed journals.

— ALANA TRACHENKO

## Werklund provides bridge to province's future teachers

Back home in South Korea and Hong Kong, Ina Kim was a successful teacher with a master's degree in education.

But when she arrived in Calgary, she realized she needed to learn more about teaching from the Alberta curriculum.

Stories like Kim's are not uncommon and the bridge to teaching program offered by the Werklund School of Education's graduate programs office at the University of Calgary

is specifically designed for internationally trained teachers to learn about Canadian pedagogy, the Alberta curriculum, and the expectations of teachers in a Canadian classroom.

"The bridge to teaching program is a one-of-a-kind intensive and accelerated teacher education program that provides 18 semester hour credits towards the accreditation required for experienced internationally

trained teachers to teach in Alberta Schools," says Pat Braul, manager, graduate programs in education, Werklund School of Education, University of Calgary.

This program integrates the previous experiences and skills of the teachers while providing expertise in teaching the Alberta curriculum and opportunities to acculturate to policies and expectations on teachers, students, parents and communities in Alberta.

It also includes 10 weeks of supervised practicum experience in a K to 12 school setting.

For those individuals who are interested in learning more about the bridge to teaching program, they are invited and encouraged to attend the information session being held



CONTRIBUTED

on Monday, Feb. 8, from 6 p.m. until 8 p.m. in the Education Block (main campus), Room 179.

For more information, visit [werklund.ucalgary.ca](http://werklund.ucalgary.ca)

[jobbank.gc.ca](http://jobbank.gc.ca)

### EARN UP TO \$37.50/HR\* AS AN OFFICE MANAGER

Become an office manager or marketing assistant in less than a year! Apply to the Business Administration Management diploma program today and get the hands-on training in practicum placements you need to succeed.

#### REEVES COLLEGE ALSO OFFERS PROGRAMS IN:

- ACCOUNTING AND PAYROLL ADMINISTRATION
- ADDICTIONS AND COMMUNITY SERVICES WORKER
- MEDICAL OFFICE ADMINISTRATION
- PARALEGAL
- AND MORE!

Financial assistance may be available to qualified applicants.

**ASK ABOUT OUR EVENING CLASSES!**

**1.800.533.1457**  
[STUDY.REEVESCOLLEGE.CA](http://STUDY.REEVESCOLLEGE.CA)



# Robertson Online a flexible option

Robertson College Online Campus provides students the ability to work on an education with the flexibility of learning at home or the office.

The flexibility of self-directed learning allows the student to set their weekly study schedule.

"Online eliminates the all of the commute hassles and lets you focus on learning in your own environment," says Keith McConnell, BA, MBA director Online Campus Canada, Robertson College.

"Online learning has evolved and Robertson Online is committed to providing you a truly interactive educational experience - we are here to help and guide you, your success in our success."

Robertson Online programs and certificates provide students with the industry skills to be career ready in less than a year. Online education provides the ability to enhance your education and skills while still working or while living in a remote community.

Even those students living in remote areas, and all online students, have access to all the same resources as traditional campus programs, admission advisors, student services, instructors and career services.

"Robertson College Online is available coast to coast, so if you or your family is transferred from one province to another we can continue to support you in your education," says McConnell.

"With accredited programs our students are eligible for student aid."

Robertson Online has a full support team to help online students throughout their studies.

"We help guide you through every process for the very first call, text or email," says McConnell.

"All our online courses are accredited and contain the same content as our physical campuses."

Robertson Online course integrate the most recent learning management systems and



CONTRIBUTED

tools to enhance the education experience.

Robertson College is continually working on new programs and courses relevant to changes in all faculty areas, business, IT and health care with more than 14 programs offered online.

The recently launched community ser-

vice worker program is an example of how Robertson College Online is expanding their programs to meet the needs in all our communities.

For more information about Robertson College Online, visit [robertsoncollege.com/online-studies](http://robertsoncollege.com/online-studies)



**“**At first I wasn't sure how much of the program I'd do, but I enjoyed the seminars so much, I did the whole certificate. **”**

Certificate for Emerging Leaders.  
Richelle Nameth, Graduate



## Business Seminars

This winter, focus on leadership learning with Continuing Education Business seminars. Sessions run from 8:30 am to 4:30 pm. For those interested in a leadership certificate program, many of these seminars are eligible for credit toward the Certificate for Emerging Leaders. Details are available at [conted.ucalgary.ca](http://conted.ucalgary.ca).

**Looking for group training?** All of these seminars can be adapted to corporate training sessions. Call 403.220.2988 for information.

### DOWNTOWN CAMPUS

#### Time Management

Course: BUS 111  
Jan 19 | \$355 + GST

#### Confidence in Communication

Course: BUS 219  
Feb 8 | \$355 + GST

#### Coaching to Lead

Course: BUS 253  
Feb 10 | \$355 + GST

#### Leading Yourself and Others Through Change

Course: BUS 267  
Feb 10 – 11 | \$589 + GST

#### Get Organized! Improve Your Workflow and Boost Your Productivity

Course: BUS 270  
Feb 11 | \$355 + GST

#### Leading for Impact and Resonance

Course: BUS 607  
Feb 16 and 23 | \$589 + GST

#### Negotiating Skills for Women

Course: BUS 223  
Mar 8 | \$139 + GST

#### Whole Brain Thinking in Business

Course: BUS 603  
Mar 8 | \$589 + GST

#### Energize Your Workplace: Inspiring and Motivating People

Course: BUS 144  
Mar 17 – 18 | \$589 + GST

#### Power and Science of Coaching

Course: BUS 212  
Feb 25 – 26 | \$589 + GST

#### Cultivating Innovation in Your Organization

Course: BUS 612  
Feb 26 – Mar 11 | \$795 + GST

#### Building Trust in the Work Environment

Course: BUS 173  
Feb 29 | \$355 + GST

#### Meeting the Challenge of Leadership

Course: BUS 140  
Mar 2 – 3 | \$589 + GST

#### Get Organized!

Course: BUS 223  
Mar 16 | \$355 + GST

#### Effective Writing in the Workplace

Course: BUS 266  
Mar 17 – 18 | \$589 + GST

#### Whole Brain Thinking in Business

Course: BUS 603  
Mar 18 | \$589 + GST

#### Energize Your Workplace: Inspiring and Motivating People

Course: BUS 144  
Mar 17 – 18 | \$589 + GST

#### Integrative Listening: The Leader's Edge

Course: BUS 279  
Mar 9 and 16 | \$589 + GST

#### Creative Conflict Resolution: Making the Most of Differences

Course: BUS 112  
Mar 15 | \$355 + GST

#### Improving Communication at Work

Course: BUS 188  
Mar 15 | \$355 + GST

#### Successful Teams: How to Build Them

Course: BUS 260  
Mar 16 | \$355 + GST

#### Mastering Work and Life Satisfaction

Course: BUS 282  
Feb 3 – 4 | \$589 + GST

#### Energize Your Workplace: Inspiring and Motivating People

Course: BUS 144  
Mar 17 – 18 | \$589 + GST

#### Leading with Confidence and Courage

Course: BUS 240  
Mar 17 | \$355 + GST

#### Empowering and Motivating Others Through Effective Delegation

Course: BUS 251  
Mar 25 | \$355 + GST

#### Define and Refine Your Leadership Presence

Course: BUS 606  
Mar 31 | \$355 + GST

#### Improving Communication at Work

Course: BUS 188  
Mar 15 | \$355 + GST

#### Successful Teams: How to Build Them

Course: BUS 260  
Mar 16 | \$355 + GST

#### Mastering Work and Life Satisfaction

Course: BUS 282  
Feb 3 – 4 | \$589 + GST

#### Energize Your Workplace: Inspiring and Motivating People

Course: BUS 144  
Mar 17 – 18 | \$589 + GST

#### The Decisive Leader

Course: BUS 284  
Feb 25 | \$355 + GST

#### Coaching for Quality Performance

Course: BUS 155  
Mar 1 – 3 | \$765 + GST

#### Getting Things Done Through Influence

Course: BUS 138  
Mar 4 | \$355 + GST

#### Powerful Presentations

Course: BUS 114  
Mar 9 – 11 | \$765 + GST

#### Dealing with the Difficult Conversation

Course: BUS 128  
Mar 10 | \$355 + GST

#### Understanding the Power of Collaboration

Course: BUS 601  
Mar 15 – 17 | \$795 + GST

### MAIN CAMPUS

403.220.2988 • [conted.ucalgary.ca/emerging](http://conted.ucalgary.ca/emerging) • good thinking



Content Solutions



## CONTINUING EDUCATION

# Build YOUR CAREER with MRU

“It was good to find out that other leaders value leading with integrity and leading from the heart like I do.

Melanie,  
Project Management



Up to \$10K of funding through Canada-Alberta Job Grant

[mtroyal.ca/conted](http://mtroyal.ca/conted)

403.440.6875



LEARNING CURVE SPONSORED CONTENT



ALANA TRACHENKO

## Fighting the winter blues

The days are short, the weather frigid and the homework is piling up: winter semester is here. Coming back to school in the dead of winter is never easy, but there are ways to keep enjoying the season now that the Christmas lights are off.

“It’s the best time to go to those fancy coffee places downtown,” says University of Manitoba’s Seamus Hamilton-Pattinson. “In the summer you don’t want a hot cup of amazing coffee, good as it is.”

The cold weather isn’t always the favourite, but it does lend itself to some of Winnipeg’s most iconic events and festivals, such as pop up restaurant RAW: almond, the Red River skating trail, and Festivale de Voyageur snow sculptures.

“I love going on the Red River as well, as soon as it freezes,” Hamilton-Pattinson says. “Bundle up because the wind is really intense out on the river and you don’t have to skate, but you should probably be mindful of people that are because they’ll probably bowl you over.”

Luckily enjoying the outdoors is the least expensive activity there is, but as Winnipeggers know, sometimes it’s just too cold. So they head inside for some live entertainment.

“I usually end up seeing a lot more shows in the winter because you don’t want to go outside sometimes,” Hamilton-Pattinson says. “I find there are more interesting shows... if people do go out they want it to be for a special event so people get really creative in the winter thinking of ways to motivate people out of their houses or make outside more hospitable than what it is.”

Students can usually see local bands perform for \$5 to \$10 per show. Larger shows like Big Fun Festival — which takes place in the last week of January — are a great deal as well, with dozens of bands performing at a variety of venues across the city.

“If you’re a student I know this time of year right now the universities do a lot of their back to school stuff,” Hamilton-Pattinson says.

Besides attending events or leaving campus, there are plenty of student groups that are free to join and an easy way to practise a skill or hobby while getting to know people.

“Our faculty of education has a free paint night that’s going on in the Hub,” Hamilton-Pattinson says.

Check out your university’s website to find out what is happening this month.

— ALANA TRACHENKO



Content Solutions



ISTOCK



ISTOCK



ISTOCK

# Bow Valley gives careers a business boost

This New Year — become indispensable.

Business knowledge and skills are relevant in every industry and taking business courses can be one of the best ways to improve and develop new skills to become indispensable, find new opportunities for work, or achieve your career goals.

"Our range of business certificates through our continuing education program at Bow Valley College, offer both relevant technical skills and soft skills that are essential in this vast business community," says Natascha Doiron, coordinator Continuing Education, Chiu School of Business.

At Bow Valley College, learners can choose from a variety of different business certificates, such as a business management certificate, management development certificate, executive assistant certificate, professional and personal development certificate.

The business management certificate provides a practical understanding of the fundamentals of business functions to add to your skill set and advance your career.

The management development certificate focuses on enhancing leadership, management, and critical thinking skills through various tools and techniques to achieve effective business results.

Executive assistant certificate student will gain hands-on training in office skills, business concepts and communication skills to effectively and professionally provide administrative support to individual executives or to executive teams.

And finally, the professional and personal development certificate focuses on developing effective work habits and strong self-management skills that will increase your personal effectiveness and productivity.

These business certificates enable learners to effectively manage and administer tasks and projects as they develop knowledge in various courses including computer applications, accounting, project management, human resource management, communications and writing skills, leadership and management, organizational skills, and effective team development.

"Having current business knowledge is vital and when it is transferable between industries and occupations, it is a wise investment," says Doiron.

All certificates are taught by industry leading professionals with multifaceted industry experience and knowledge.

"We also consult with over 100 business executive advisors so we can adapt quickly to changing workplace requirements," says Doiron.

Bow Valley courses are available in-class, online or through home-study. As well, Bow Valley has flexible learning options with classes on evenings and weekends that are offered all year-round to fit everyone's busy schedules.

For more information, visit [coned.bowvalleycollege.ca/certificates](http://coned.bowvalleycollege.ca/certificates).

## ABES.CA

ALBERTA BUSINESS & EDUCATIONAL SERVICES

EVENING & WEEKEND PROGRAMS

BEGIN A  
**NEW**  
REWARDING  
CAREER  
IN JUST  
**5 MONTHS**



## HEALTH CARE AIDE

**13**  
CERTIFICATE  
PROGRAM

- GOVERNMENT OF ALBERTA HEALTH CARE AIDE
- ST. JOHNS AMBULANCE [FIRST AID, CPR, AUTOMATED EXTERNAL DEFIBRILLATOR]
- SUPPORTIVE PATHWAYS, FOOT CARE, DIABETES, MEDICATION ADMINISTRATION, FOOD SAFE, WHIMIS, PALLIATIVE CARE
- BEST FRIENDS ALZHEIMER'S SOCIETY CERTIFICATE
- 3 CLINICAL PLACEMENTS [HOSPITAL PLACEMENTS AVAILABLE]

HELPING PEOPLE  
**TRANSFORM**  
THEIR LIVES THROUGH

**EDUCATION**

**CALL TODAY 1.877.300.6280**

**ABES.ca**



Content Solutions

# Smaller is better at MRU

Chylo Healy has always been interested in research and health.

When she decided to pursue an education in this field, she was unmotivated by institutions with large class sizes and eventually landed at Mount Royal University in the bachelor of science program.

"I chose MRU because they offered smaller class sizes, which I feel provides more opportunities for discussion on topics rather than a formal lecture," says Healy, who is in her final semester of her bachelor science degree.

"Personally, I feel this benefits students more because not only are you able to learn from the instructor but also from peers."

And to expand her learning opportunities, Healy also became involved in the aboriginal science and technology education program (ASTEP) — a support program for indigenous students in the Faculty of Science and Technology.



ISTOCK

"ASTEP has helped me in my studies by providing the support I needed with things such as tutoring and networking," says Healy.

Through the Iniskim Centre, ASTEP works with students to help them both in their courses, academic planning, and help foster a sense of belonging at MRU.

In November, through ASTEP, Healy was able to partake in the American Indian Science and Engineering Society (AISES) National Conference.

ASTEP also works to help students network both within the school and with potential employers or other post secondary institutions for when they have finished at MRU.

Once Healy graduates, she hopes to continue her education and obtain a Masters in epidemiology.

For more information about the ASTEP program, visit [mtroyal.ca](http://mtroyal.ca).

## Become a Health Care Aide in less than 5 Months



We help you receive Government funding & scholarships

Other Job Ready Programs Starting Soon

Medical Office Assistant & Unit Clerk • Massage Therapy • Nail Technician  
Make-Up Technician • Legal Assistant • Hospitality Business Management  
Business Administration • Accounting & Payroll

- ✓ Government of Alberta Health Care Aide Certificate
- ✓ Employment services available
- ✓ Canadian Red Cross (CPR-Level HCP, Standard First Aid, AED)
- ✓ Advanced Medication Delivery Supportive Pathways, Palliative Care, WHMIS, Food Safety and Foot Care Courses
- ✓ Flexible class schedules: Mornings, Afternoons, Evenings and Weekends

**ABM** COLLEGE

403.719.4300  
3880 - 29 Street NE, Calgary  
[www.abmcollege.com](http://www.abmcollege.com)

We accept International Students

# HISTORY AT AMBROSE ALL ABOUT FORWARD-THINKING

Through the three- and four-year degrees in history at Ambrose University, students learn how to think historically — to ask good questions, engage in quality research, communicate well, and generally solve problems through research — all skills that can be transferred into a variety of industries.

"Naturally, students learn a lot about the people, ideas, and events of the past, but beyond that, we work hard to help them to think historically, to develop strong research and communication skills, to interpret primary sources from the past, to understand important historical debates about the interpretation of the past, to participate in public history, and to engage with the moral and ethical dimensions of history," says Kyle Jantzen, professor of history and program chair, Ambrose University.

To do this, Ambrose has core courses devoted to teaching historical skills and research, and opportunities for independent research projects or practicums in museums and historical sites, at the upper level.

Ambrose also involves the undergradu-



CONTRIBUTED

ates in real world public history research, like the current "Placing Memory" project in High River this year.

"The "Placing Memory" project is an effort to understand which buildings and spaces in High River are important to the community, and why," Jantzen says.

"And as we do that, we're learning about the identity and values of the community — what makes living in High River unique."

To find out more about this project, visit [ambrose.edu/news\\_and\\_events/oral-history-project-preserves-high-rivers-legacy](http://ambrose.edu/news_and_events/oral-history-project-preserves-high-rivers-legacy).

## Your Career in Healthcare

Health Care Aide

Medical Office Assistant / Unit Clerk

Community Service and Addictions Worker

Dental Administrative Assistant

and more!

What to expect from  
Academy of Learning Career College:

- ✓ A wide variety of career programs to choose from
- ✓ Advice on the best funding options available to you
- ✓ A supportive, effective and flexible learning environment
- ✓ Caring student supports including job placement assistance

Funding may be available for those who qualify.



**Academy  
OF LEARNING  
CAREER COLLEGE**  
[www.academyoflearning.ab.ca](http://www.academyoflearning.ab.ca)



CALGARY NORTHEAST (403) 569-8973

CALGARY SOUTH (403) 252-8973

RED DEER (403) 347-6676

# MRU focused on in-demand careers

Project management knowledge and skills are truly transferable across industries and highly sought after by employers of all types.

"With the downturn in the economy in Alberta and further afield, companies are looking for more certain outcomes for every dollar that they spend, and formal project management education programs such as the Mount Royal University extension certificate will help employees and job candidates stand out from the crowd," says Matt Luik, infrastructure manager at MMM Group in Calgary and instructor in the project management in construction extension certificate at MRU.

Luik says project managers spend around ninety percent of their time communicating in some form or other so good interpersonal skills are a must.

"As someone who has instructed at other institutions I can say that the facilities and classroom learning environment at the MRU

campus are second to none."

The flexible course delivery also allows students to complete the certificate at their own pace and some students choose to complete all six courses in only a couple of months.

The project management in construction certificate is made up of six courses.

Classroom courses are 15 hours over two days and online courses take place over four weeks.

"The online course participation continues to gain momentum and we're seeing more students take the blended learning approach by taking some classes online and some in the classroom setting as their personal situation and schedule allows," says Luik.

For more information about the project management in construction extension certificate at MRU, visit [conted.mtroyal.ca/pmcconstruction](http://conted.mtroyal.ca/pmcconstruction)



CONTRIBUTED



CONTRIBUTED

## Education assistants are helping new Canadians

Alberta is experiencing a great number of new students across our province, many new Canadians requiring additional supports as they enter a Canadian classroom for the first time.

The Mount Royal University education assistant program will train individuals to help assist these new Canadians with the written and verbal instruction that will support their learning, as well as assist in delivering assistance to other students in need.

"The program allows MRU students the opportunity to learn about student learning and

needs that we currently have in our schools," says Charlene Kushniruk, faculty instructor, Department of Education, Department of Continuing Education, MRU.

"We start with educational philosophy and build towards an understanding of how to support students in the classrooms with literacy, numeracy, technology applications."

This is a eight month full time program to help prepare future classroom assistants and EAs (educational assistants) in accordance with school board requirements for EA positions.

The program also explores students with learning disabilities, learning challenges, English as a second language and behavioral challenges, at risk students and support students with physical disabilities as well.

The program is designed for any adult that wishes to pursue a career in education and support classroom needs.

Students of this program will also accumulate over 250 hours of practicum and field experience upon graduation from the program.

"Two of our courses are also transferable towards accredited the education degree program at MRU, as some of our students will successfully seek additional training to become teachers in the classroom," says Kushniruk.

For more information about the education assistant certificate, visit [conted.mtroyal.ca/edassistant](http://conted.mtroyal.ca/edassistant)

## EARN UP TO \$30/HR\* AS A MEDICAL SECRETARY!

Get hands-on training for a rewarding career in the healthcare industry! Apply today and you can earn your Medical Office Administration diploma in less than a year.

### CDI COLLEGE ALSO OFFERS PROGRAMS IN:

- ACCOUNTING AND PAYROLL ADMINISTRATION
- BUSINESS ADMINISTRATION MANAGEMENT
- MASSAGE THERAPY
- PARALEGAL
- AND MORE!

**ASK ABOUT OUR EVENING CLASSES!**

**1.800.360.7186**  
[STUDY.CDICOLLEGE.CA](http://STUDY.CDICOLLEGE.CA)

**CD** college

# Academy sets student on right path

For Academy of Learning student Kennedy Bailey, her desire to enter into the field of community support services has always been the goal. But she was having a hard time finding the path to get her there — until she discovered Academy of Learning.

"I have been jumping from school to school without getting any real traction, so knowing that at Academy of Learning I could start a career in a field I've been trying to get into for the past few years was very appealing," says Bailey, community service addictions worker (CSAW) diploma student.

Bailey originally went in looking to be a medical assistant, but the student advisor she was interviewing with, told her that Academy of Learning was bringing in a new program that would better suit her previous school work (sociology).

"When she showed me the course outline, I knew it was exactly what I had been looking for," says Bailey.



CONTRIBUTED

After Bailey completes the 51-week program, she is considering a career in youth care as a support worker, but is also planning on heading back to school to get a degree and eventually her masters in social work.

"I've learned more of what is expected in this field in the past three months than I have in all my years of studying," says Bailey.

"They prepare you for a career, from the source material down to writing a resume."

For more information, visit [academyoflearning.ab.ca](http://academyoflearning.ab.ca).

# Be secure with your future through Columbia College

For those individuals who are interested in pursuing a career in the field of security, they must first complete a mandatory training program and write a provincial exam to receive their license.

To assist individuals to obtain their licence and give them the knowledge and skills necessary to become security professionals, Columbia College offers the Alberta basic security training (ABST) course.

"Columbia has a very good reputation in the security industry and has amongst the highest success rate in the province for people who pass their provincial exam on the first attempt," says Laura Trettwer, program coordinator, Columbia College.

"Our facilitators not only teach the course professionally but also work in the security industry and have first hand knowledge of the job."

This is a mandatory course overseen by the Alberta Solicitor Generals office and is designed to prepare individuals who will be working in the security services industry.

Designed for those interested in working in the security services industry, this in-



CONTRIBUTED

cludes security guards, loss prevention workers, alarm responders, patrol dog handlers, and executive protection.

There are seven modules that include introduction to security, Criminal Code of Canada and the legal system, patrolling skills, communication skills, report writing and evidence, dealing with emergencies, and health and safety for security professionals.

This course at Columbia College has ongoing full time and part time courses as well as online training available on a monthly basis.

For more information, visit [columbia.ab.ca](http://columbia.ab.ca).

# YOUR CAREER RISES WITH BOW VALLEY COLLEGE

## Become Indispensable

Continuing Education Certificate programs at Chiu School of Business starting this month:

Supply Chain Management | Project Management | Petroleum Industry Management | Tourism Management | Maintenance Management Professional (MMP) | Human Resources | AutoCAD Operator Certificate | Home Inspection | Customs and Logistics | Business Management | Maintenance Management Professional | Human Resources

Phone: 403-410-1595

Email: [continuingeducation@bowvalleycollege.ca](mailto:continuingeducation@bowvalleycollege.ca)  
[bowvalleycollege.ca/indispensable](http://bowvalleycollege.ca/indispensable)

**BOWVALLEY**  
COLLEGE



# Thinking critical at St. Mary's University

No matter the area of study — whether arts or science — St. Mary's University students all gain critical thinking skills and are taught by committed and caring instructors.

"Our society is complex and the economy is always changing, so preparing thoughtful citizens of the world to meet those changes and find success in their chosen path is important," says Bob Hann, vice president Student Services, St. Mary's University.

St. Mary's University offers bachelor of arts degrees in several majors — psychology, history, English, liberal studies, general studies — which allow students to focus their studies in specific academic areas, but all of the degree majors prepare students to think critically when looking at the world around them.

The bachelor of science degree with a major in biology prepares students with important critical thinking skills and hands-on experience in the science labs and in the field, as they explore what the study of science has

to offer them.

St. Mary's lab size is capped at a maximum of 20 students, which gives them easy access to instructors as they study the natural world and place within it.

Whether it is pursuing a full degree, or just taking some courses with the aim of entering professional programs, St. Mary's University offers countless pathways to help students find their own academic success.

"The quality of the experience and the level of engagement in the university community are second to none," says Hann.

"Our focus on learning means small class sizes, a close working relationship with professors and between students, professors who are committed to teaching and an incredible support system to help students reach their full potential."

At St. Mary's University the students are with the professors in the class, in the lab and in the field.

"Our students consistently remark on how



CONTRIBUTED

the professors are concerned about them, not just as students but as unique individuals," Hann says.

"Our professors are recognized scholars in their fields, with strong research portfolios

and publication records and they possess credentials from the world's leading universities."

For more information about either of these degree programs or St. Mary's University, visit [stmu.ca](#)

**ambrose.edu**

**AMBROSE UNIVERSITY**

# PREVIEW DAY

Calgary, Alberta  
Thursday February 25  
9:00 am

Come tour the Ambrose campus, meet professors and students, and experience our community and programs.

Reserve your spot at  
[www.ambrose.edu](http://www.ambrose.edu) or call  
1-800-461-1222 for more information.

FAITH  
INSPIRED  
LEARNING

**WE HELP CHANGE PEOPLE'S LIVES!**

**COLUMBIA OFFERS SMALLER CLASS SIZES WITH MORE INDIVIDUALIZED SUPPORT.**

We are driven to deliver a higher quality of education, in a shorter period of time, save students money, and help them to find a better job. We are caring, respectful, and focused on each learner's employment success.

**PROGRAMS OFFERED:**

- Administrative Assistant
- Accounting Assistant
- Education Assistant
- Human Services
- Criminal Justice
- Legal Assistant
- Alberta Basic Security Training
- Professional Investigator
- Sales & Service
- Trades
- Transportation & Warehouse
- Accounting Assistant/Bookkeeping
- Child Care Assistant
- English as a Second Language (ESL)
- Language Instruction for Newcomers to Canada (LINC)
- Practical Nurse
- Health Care Aide
- Dental Assistant
- Dental Administration

- Starting salary up to \$30/hr
- Upgrading courses are available
- Employment support services after graduation

**COLUMBIA**  
COLLEGE CALGARY

[www.columbia.ab.ca/m](http://www.columbia.ab.ca/m)  
Call now: 403.235.9300  
or Walk-in hours are:  
Monday - Thursday (8:30 am - 5:00 pm)  
Friday (8:30 am - 4:30 pm);  
Saturday (8:00 am - 1:00 pm)  
802 Manning Road NE, Calgary AB

 Canada

Quality education that works for you & employers.

# Haskayne building upon its reputation

## *Curriculum focused on depth of skills*

Designed for professionals who have already achieved significant success in their careers, the Haskayne School of Business executive MBA will help mid- to senior-career professionals take their careers to the next level.

"Our students are able to consolidate their business knowledge and sharpen their critical thinking skills through the program to make them more effective in their current and future roles," says Dr. Vern Jones, associate dean, graduate programs.

"The reputation of our program is very strong locally, nationally and internationally with a very active alumni network."

The Financial Times has ranked the Alberta Haskayne Executive MBA in the top 100 executive MBAs — with only five Canadian business schools made the list.

Haskayne alumni hold senior positions in major corporations in Alberta and others have gone on to create an impact globally.

"Gary Kovacs (EMBA 1999), CEO of AVG Technologies, was recently recognized as one of the world's top 100 influential leaders," says Jones.

The curriculum focuses on developing a greater depth of management skills, obtain exposure to seasoned strategy experts and gain a richer understanding of team dynamics.

Through the Executive Speaker Series, students will interact directly with business leaders who discuss how to tackle tough issues and effective leadership styles.

Past speakers include; Gregg Saretsk, CEO, WestJet Airlines; Naheed Nenshi, mayor, City of Calgary; and Brett Wilson, entrepreneur, philanthropist and Dragon.

Towards the end of the 20-month program, students complete an international study tour and are involved in meetings as government embassies, visits with local



ISTOCK

businesses and Canadian business operating abroad, and visits to cultural and historical sites.

Applications for the September 2016 and January 2017 intakes are now being accepted.

The deadline for the September 2016 intake is May 29, 2016 and the deadline for the January 2017 intake is Dec. 1, 2016.

For students who meet certain criteria, they may be eligible to have the GMAT waived.

For more information about the Haskayne executive MBA, visit [haskayne-emba.ca](http://haskayne-emba.ca).

## INFO SESSION

To find out more and connect with an advisor in-person, attend the upcoming information session:

Feb. 11, 2016  
5:30 to 7 p.m.  
University of Calgary Downtown Campus  
906 – 8th Ave SW  
6th Floor



# YOU BELONG HERE

Your next big discovery is in the lab.

Explore programs in science and technology.

Mount Royal University offer degrees in both science and computer information systems. Experience small class sizes and great access to lab resources. Additional supports available for Indigenous students through the Aboriginal Science and Technology Education Program.

[mtroyal.ca/science](http://mtroyal.ca/science)



DID YOU TEACH OUTSIDE OF CANADA?  
DO YOU WANT TO TEACH IN ALBERTA SCHOOLS?



Bridge to Teaching is an innovative eight-month program for internationally-trained teachers who speak English as an additional language and who want to teach in Alberta schools.

BRIDGE TO TEACHING INFORMATION SESSION  
[www.werklund.ucalgary.ca/gpe/bridge-teaching](http://www.werklund.ucalgary.ca/gpe/bridge-teaching)

Monday, February 8, 2016  
6:00 - 8:00 pm  
University of Calgary, Education Classroom Block, Room 179  
RSVP to Shelley Enderton by February 5: [shelleyenderton@ucalgary.ca](mailto:shelleyenderton@ucalgary.ca)

Leaders in a Connected World

[werklund.ucalgary.ca/gpe/bridge-teaching](http://werklund.ucalgary.ca/gpe/bridge-teaching)



CONTRIBUTED

## ABES gives newcomers a ‘warm environment’

As a new immigrant to Canada, Susana Romero was looking to enter into the field of health care, but was looking for a school that would help her make the transition into the Canadian workplace a bit smoother — that is when she found ABES (Alberta Business and Educational Services).

“As a new immigrant that is our weak side, the process of adjustment is sometimes too hard,” says Romero.

“People with a high level of education

arrive in this new country, new culture, new environment and we need to start from zero - frustration, sadness, and desperation are our partners almost every day.”

Romero enrolled in the medical device reprocessing program and says ABES was definitely the right choice for her.

“Personally, it was a wonderful experience,” says Romero. “From the first time I found a warm environment in this place.”

Throughout the 40-week program, Romero gained the necessary technical skills, employment preparation skills, as well as all other practical and essential skills necessary for working in the field.

“I did not know many details related to sterilization, but now I feel more confident because I can work more confidently and offer a secure service at any facility,” says Romero.

“I can work under the higher standards in this new country Canada, and have a job to support my family.”

And through the practicum provided through the partnership with Alberta Health Services, Romero was able to put her skills to the test in a real, hands-on working environment.

Like Romero, students must have two years post-secondary training in health care or life sciences to qualify for admission.

The program contains 760 hours of instruction combined with 320 hours of unpaid work experience.

Graduates of this comprehensive program will write the International Association of Healthcare Central Service Material Management

(IAHCSMM) examination.

Success in this exam is now a prerequisite to employment as a medical device reprocessing technician in Alberta, and ABES remains the only educational institution in Alberta to include the IAHCSMM designation during training.

All staff working in medical device reprocessing must be certified prior to April 2015; and ABES teachers and staff are best-equipped to prepare students for the examination.

For more information about this program, or ABES, visit [abes.ca](http://abes.ca).

**PEOPLE WITH A HIGH LEVEL OF EDUCATION ARRIVE IN THIS NEW COUNTRY, NEW CULTURE, NEW ENVIRONMENT AND WE NEED TO START FROM ZERO.**

*Susan Romero*

# BACHELOR OF EDUCATION



**Get your Bachelor of Education degree at St. Mary's University**

grow with us at [stmu.ca/teach](http://stmu.ca/teach)

**Applications Now Open**

**ST MARY'S UNIVERSITY CALGARY ALBERTA**

# Spend One Day at U of Calgary

Climate change is just one of four major transformational processes in progress, dramatically changing the Arctic, and thereby inevitably altering the entire world.

If this is a topic that peaks your interest, you might want to spend Saturday, Jan. 16, immersed in a six-hour daytime class, learning from an expert at the University of Calgary.

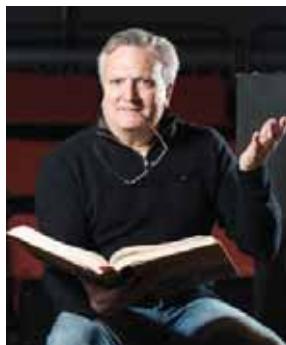
The Great Melt: Geopolitics of the Changing Arctic is the first of a new series of One Day @ UCalgary courses.

Rob Huebert, an associate professor in the Department of Political Science, and an appointee to the Canadian Polar Commission teaches the course.

One Day @ UCalgary is a Continuing Education program designed to bring together university academics and the general community.

Everyone is welcome to participate in these single-day courses.

Other January topics include: Sport in Ancient Greece, taught by professor of



**Kevin McKendrick** CONTRIBUTED

Greek and Roman studies Reyes Bertolin on the 23rd; and, Personality Psychology: The Science of Who We Are, taught by professor of psychology Kiboom Lee on the 30th.

February courses include: Metabolic CSI: What's in the Blood, taught on the 6th by

Beata Mickiewicz, a research associate in the Department of Biological Sciences; and, S'Blood, I'm speaking Shakespeare?! presented on the 20th by accomplished performer, director and teacher Kevin McKendrick from the Drama Department.

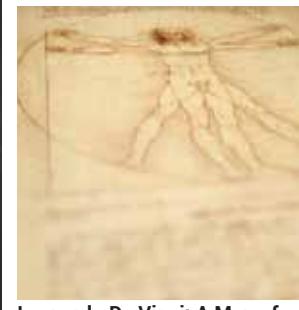
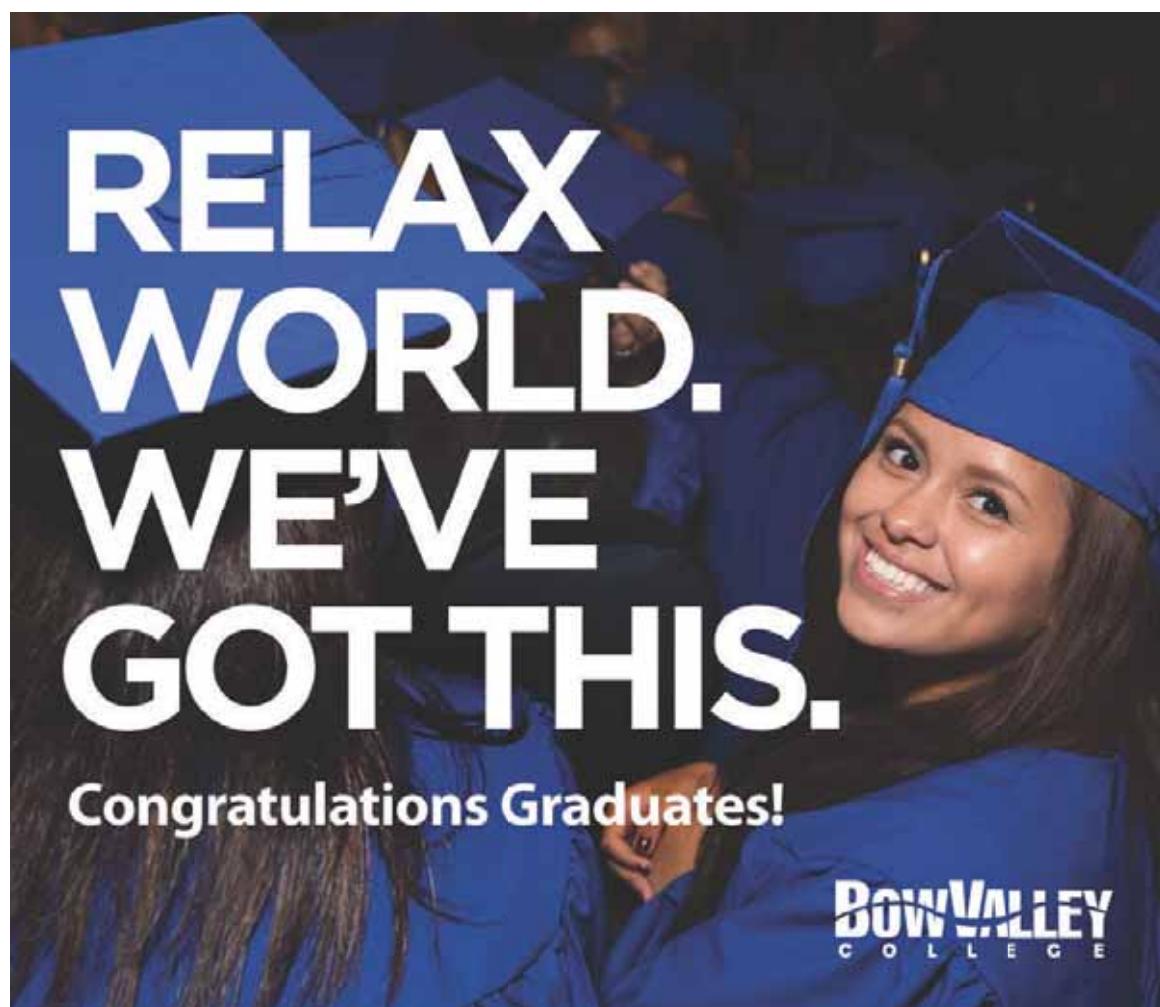
On March 5, plan to attend Schizophrenia: Truths and Myths, taught by associate professor of psychology Vina Goghari. On March 12, Technocreep: The Surrender of Privacy and the Capitalization of Intimacy is taught by professor and journalist, Tom Keenan;

and, on March 19, Your Everyday Presence is taught by performance instructor Mike Czuba.

Leonardo Da Vinci: A Man of Mystery is taught by Marina Fischer on April 9; and, Carpets and Textiles Close Up: Exploring Nickle Galleries' Collections is presented by gallery curator Michele Hardy on the 23rd.

The winter/spring series wraps up with Chronic Disease and Your Health presented May 7 by associate professor Patricia Doyle-Baker; and, Exploring the History of the University of Calgary on May 14 with UCalgary associate archivist Karen Buckley.

Learn more, or register for any of these courses, at [conted.ucalgary.ca/oneday](http://conted.ucalgary.ca/oneday), or if you prefer to register by phone, call 403-220-2952.



**Leonardo Da Vinci: A Man of Mystery** will be featured on April 9. ISTOCK



ALANATRACHENKO

## Get started on your résumé before launching a career

In a competitive job market, education is just one piece of the puzzle — experience is often just as important. Getting experience while still being a student can be challenging, but it's worth the effort to set yourself up for a potential job later.

"You gotta be creative," says career development specialist David Cataford from the University of Calgary. "You have to volunteer, you have to be proactive, you have to make connections."

Cataford says that social media is a good start to researching potential employers and

the people you'd like to connect with professionally, but it shouldn't stop there.

"I like old-fashioned: meeting people face to face," he says. "So send an email but follow up with a phone call and try to meet in person."

Cataford suggests scouting out events and places where you might be able to meet people from the industry and learning more about whatever it is you're pursuing. Doing research and getting familiar with your potential employers will help you make an informed decision when it comes time to take

a job.

He adds that if there's someone you'd like to meet who you think might give you some direction, reach out and ask them for coffee, but be courteous.

"If you're genuine about the way you approach these people, they'll help you out," he says. "But fit within their schedule. Everybody in Calgary is overworked with all the layoffs, so you have to be really patient and persistent."

And lastly, try to either work or volunteer in your field, even if it's only part-time.

"If a student wants to be a pharmacist, well OK, practise being a pharmacist, get a job at a pharmacy, go talk to a pharmacist," he says. "And if you can't get the job, volunteer. Maybe you can shadow."

— ALANA TRACHENKO

# Accounting harnesses special skills

Have you always been a great number cruncher? An organizational whiz? Always the first one to have your taxes done?

In the current job market, accounting and payroll administration skills are in demand, providing one way for math-savvy job seekers to get into new and exciting careers.

The current job market for accounting and payroll administration professionals requires up-to-date skills, including comprehensive training in the Microsoft Office Suite, including Outlook, Word, Excel, Access, and PowerPoint, as well as specialized accounting software such as Sage 50.

Job seekers must be equally skilled with accounting concepts, including double entry bookkeeping, debits and credits, assets, liabilities, equities, journalizing transactions, posting of accounts to ledgers and preparing a trial balance.

The reward for your training? Valued and well-paid positions including accounting



ISTOCK

clerk, tax return preparer, payroll officer, and more.

The Accounting and Payroll Administration diploma program at CDI College provides students the up-to-date skills they'll need in their field.

Every student will learn to use the latest versions of computer programs they'll use every day in the workplace, alongside fundamental accounting and payroll concepts and skills.

Once the students have the knowledge and skills, they can jump into the practicum. Students are placed in actual work environments where they gain valuable, real-world experience that will help fast-track them to a career.

For more information, visit CDI College online at [study.cdicollege.ca](http://study.cdicollege.ca), or call 1-800-360-7186.

# An education resolution

As 2016 begins, many Calgarians will be making their New Year's resolutions.

It's a great time to reflect on what you want to accomplish in the upcoming year, both personally and professionally.

At the top of every list is fitness and travel, but people should also consider adding education into the mix.

The economy might be in a downgrade, but there are still plenty of jobs available in Calgary.

An updated education can lead to great opportunities in your current workplace, or even open the door a new, exciting career.

Bow Valley College has noticed an 11 per cent increase in their enrolment figures this year as people flock back to school to upgrade their skills or change career direction.

"The College focuses on making our learners work-ready," says Anna Kae Todd, vice-president of Academic Studies at Bow Valley College.

"This means that our graduates have the training needed for that first day on the job, as well as the soft skills they need for an entire lifetime of contribution."

The College serves over 15,000 learners each year in programs such as business adminis-



ISTOCK

tration, health care, justice studies, human services, and creative technologies.

Their graduates are in high-demand throughout Calgary because they are work-ready, and they have the right skill set and training to adapt to changes in the workplace.

Within six months of graduation, 93 per cent of Bow Valley College grads are working within their field.

Many of the careers Bow Valley College focuses on are forecasted to grow, including careers in business, nursing, social services and police work.

For more information about the programs and courses available through Bow Valley College, visit [www.bowvalleycollege.ca](http://www.bowvalleycollege.ca).

## Strengthen your competitive advantage.

Develop the leadership skills to succeed in a climate of increasing complexity with the Alberta Haskayne Executive MBA.

### EMBA Information Session:

Thursday February 11, 2016

5:30 - 7:00pm

University of Calgary Downtown Campus  
906 - 8th Ave SW, 6th Floor

Register at: [haskayne-emba.ca](http://haskayne-emba.ca)

Ranked among the **TOP 100 EXECUTIVE MBA PROGRAMS WORLDWIDE** by the *Financial Times*.



UNIVERSITY OF CALGARY  
HASKAYNE SCHOOL OF BUSINESS

# ABM offering scholarships to refugees

To help the Syrian refugees get on their feet and welcome them to their new home in Calgary, ABM College is offering educational scholarships to them.

ABM College will be providing \$100,000 worth of postsecondary funding towards various programs to Syrian refugees who want to study in Canada, and who are qualified to study at ABM College.

"The intention of the College is to train people to become productive citizens and to become fully integrated into Canadian society," says Dr. Baten, ABM College president and CEO.

Baten says education breeds confidence, which breeds hope and with this current humanitarian crisis, ABM believes that education is a powerful tool for newcomers.

Baten, who also came to Canada as a refugee himself, wants to help give back.

"We want our College to provide opportunities to help build a better future for those



Syrians arrive in Canada. THE CANADIAN PRESS

experiencing ongoing crisis," says Baten.

ABM College is one of the leading career-training institutions in Alberta and Ontario.

Throughout its history, ABM College has provided students with professional training, academic knowledge, and the right skill-set to find a job.

"We are proud that the vast majority of our graduates are employed within their field of study," says Baten.

"At ABM College, academic knowledge and practical exposure go hand-in-hand, and we ensure that our graduates are "job-ready" upon graduation."

For more information on courses ABM College courses/programs, call 403-719-4300, or visit [www.abmcollege.com](http://www.abmcollege.com).

# THE BUSINESS OF MAKING A LASTING IMPRESSION

When you meet someone, the impression they form about you within the first 10 to 15 seconds is crucial to the success of your relationship. This is particularly evident in the business world.

There's a growing recognition in business that businesspeople need a balance of hard skills and soft skills to make the right impression, create and maintain strong relationships, and get the job done well.

Business administration jobs require a solid skill set and deep knowledge of the software and skills required, whether you're looking to be employed in business or start your own enterprise as an entrepreneur.

Hard skills that have become the norm include the latest versions of administrative and accounting software such as Microsoft Office Suite and Simply Accounting.

Soft skills include social and organizational techniques that are crucial for disciplines including management, human resources, customer service, communications, marketing and sales.

With this wide range of skills you can



CONTRIBUTED

access an equally diverse range of jobs, including marketing assistant, bookkeeping assistant and office manager.

The Business Administration Management diploma program at Reeves College empowers students with a suite of up-to-date business skills and knowledge, and finishes with a comprehensive, practicum placement, where students practice their skills in a real-world work environment.

For more information on the Business Administration Management program at Reeves College, visit [study.reevescollege.ca](http://study.reevescollege.ca), or call 1-800-533-1457.

## Career Services to help with your next step.

Whether you are a first-time job seeker or an experienced individual making a career change, our **Career Services** team is here to help you prepare for the job search process.

### We offer:

- Career Counselling & Exploration
- Career Search Prep Sessions
- Resume Development & Assessment
- Mock Interviews & Coaching
- and Access to 1000+ Employers in Health Care, Business & IT!



**ROBERTSON  
COLLEGE**

Make a Lasting First Impression - Start Your Career at Robertson College.  
**587.794.4476 | [robertsoncollege.com](http://robertsoncollege.com)**

**RECIPE** Kale Pesto Pizza

PHOTO: MAYA VINSKI

**Ceri Marsh & Laura Keogh**  
For Metro Canada

You've got leftover kale from yesterday's dinner, right? Can you think of anything better to do with it than pizza? We can't either!

**Ready in**  
Prep time: 30 minutes

**Serves 4**

**Ingredients**

- 3/4 bunch kale, cleaned and tough stems removed
- 1/4 cup of chopped onion
- 2 cloves garlic, chopped
- 1 1/4 Tbsp extra virgin olive oil
- 1 package frozen whole wheat pizza dough
- 1/4 cup corn meal
- 1/2 cup ricotta cheese
- 1/2 cup fresh, shaved Parmesan cheese
- 2 Tbsp all-purpose flour
- drizzle of extra virgin olive oil

**Directions**

1. Preheat oven to 425 F.
2. In a large pan, heat oil over medium heat. Add garlic and onion and sauté until translucent, about 3 minutes. Add kale and stir. Cover and allow kale to wilt, about 6 to 8 minutes. Place everything in a food processor. Pulse until it becomes the texture of a fine pesto. Set aside.
3. Place the cornmeal on a flat surface and flour your rolling pin. Roll out the dough until it's about an inch thick. Place on a baking sheet or pizza stone. Brush oil onto dough. Spread the kale pesto evenly across the surface of the dough. Using a tablespoon, place dollops of ricotta randomly on the pie. Sprinkle with Parmesan cheese.
4. Place pizza stone or baking sheet in the oven. Cook for 10 to 12 minutes, or until crust is crispy and cheese is bubbling.

FOR MORE MEAL IDEAS, VISIT  
[SWEETPOTATOCHRONICLES.COM](http://SWEETPOTATOCHRONICLES.COM)

**CROSSWORD** Canada Across and Down BY KELLY ANN BUCHANAN**ACROSS**

1. Skincare formula
6. Trumpet sound effect, when doubled
12. In proportion: 2 wds.
15. Aria performer
16. Sixth sense
17. Arno \_\_\_, Canadian author of *The Oil Man and the Sea*: Navigating the Northern Gateway
18. "Why'd You \_\_\_" by Colin James
19. Chair the conference call
21. Rested in the recliner
22. Subway station on the Sheppard Line in Toronto
24. Rand McNally publication
26. Is rife with
28. Shoot for the stars
32. Desert's climate
35. MS\_\_
36. Drew close
37. Canadian actor Mr. Cariou
38. French for 'ducks'
40. 'Human' suffix
41. Deceive
43. Fashionable dresser
44. Mr. Warhol
45. Delivers an off-the-cuff speech
46. Props for clarinets
48. Religious doctrine
50. Brought up
54. Movie stu-
58. dio area
65. Preferably
66. Everett \_\_ of "Citizen Kane" (1941)
67. Country singer LeAnn
68. Captive held for ransom
69. Cassava pudding
70. Mr. Glover of movies
71. Corn unit
72. Momentous
73. Romantic flowers
74. Mr. Geller
75. Chattering bird
76. Prehistoric time in Canada noted for the emergence of pottery: 2 wds.
77. "Mr. Dressup"
78. "Diana" singer Paul
79. Placates
80. Charlemagne's
81. Gigio (Mouse puppet of classic TV)
82. Greek alphabet's 21st letter
83. Skater Ms. Babilonia
84. Net balls
85. Iridescent gem
86. \_\_\_ v. Wade
87. Empty
88. \_\_\_ matter of fact...
89. More crowded/thick
90. Ms. Kunis
91. Kingdom
92. Bird of Jove
93. Squirrel nests
94. Net balls
95. Iridescent gem
96. \_\_\_ v. Wade
97. Empty
98. \_\_\_ matter of fact...
99. More crowded/thick
100. Ms. Kunis
101. Kingdom
102. Bird of Jove
103. Squirrel nests
104. Net balls
105. Iridescent gem
106. \_\_\_ v. Wade
107. Empty
108. \_\_\_ matter of fact...
109. More crowded/thick
110. Ms. Kunis
111. Kingdom
112. Bird of Jove
113. Squirrel nests
114. Net balls
115. Iridescent gem
116. \_\_\_ v. Wade
117. Empty
118. \_\_\_ matter of fact...
119. More crowded/thick
120. Ms. Kunis
121. Kingdom
122. Bird of Jove
123. Squirrel nests
124. Net balls
125. Iridescent gem
126. \_\_\_ v. Wade
127. Empty
128. \_\_\_ matter of fact...
129. More crowded/thick
130. Ms. Kunis
131. Kingdom
132. Bird of Jove
133. Squirrel nests
134. Net balls
135. Iridescent gem
136. \_\_\_ v. Wade
137. Empty
138. \_\_\_ matter of fact...
139. More crowded/thick
140. Ms. Kunis
141. Kingdom
142. Bird of Jove
143. Squirrel nests
144. Net balls
145. Iridescent gem
146. \_\_\_ v. Wade
147. Empty
148. \_\_\_ matter of fact...
149. More crowded/thick
150. Ms. Kunis
151. Kingdom
152. Bird of Jove
153. Squirrel nests
154. Net balls
155. Iridescent gem
156. \_\_\_ v. Wade
157. Empty
158. \_\_\_ matter of fact...
159. More crowded/thick
160. Ms. Kunis
161. Kingdom
162. Bird of Jove
163. Squirrel nests
164. Net balls
165. Iridescent gem
166. \_\_\_ v. Wade
167. Empty
168. \_\_\_ matter of fact...
169. More crowded/thick
170. Ms. Kunis
171. Kingdom
172. Bird of Jove
173. Squirrel nests
174. Net balls
175. Iridescent gem
176. \_\_\_ v. Wade
177. Empty
178. \_\_\_ matter of fact...
179. More crowded/thick
180. Ms. Kunis
181. Kingdom
182. Bird of Jove
183. Squirrel nests
184. Net balls
185. Iridescent gem
186. \_\_\_ v. Wade
187. Empty
188. \_\_\_ matter of fact...
189. More crowded/thick
190. Ms. Kunis
191. Kingdom
192. Bird of Jove
193. Squirrel nests
194. Net balls
195. Iridescent gem
196. \_\_\_ v. Wade
197. Empty
198. \_\_\_ matter of fact...
199. More crowded/thick
200. Ms. Kunis
201. Kingdom
202. Bird of Jove
203. Squirrel nests
204. Net balls
205. Iridescent gem
206. \_\_\_ v. Wade
207. Empty
208. \_\_\_ matter of fact...
209. More crowded/thick
210. Ms. Kunis
211. Kingdom
212. Bird of Jove
213. Squirrel nests
214. Net balls
215. Iridescent gem
216. \_\_\_ v. Wade
217. Empty
218. \_\_\_ matter of fact...
219. More crowded/thick
220. Ms. Kunis
221. Kingdom
222. Bird of Jove
223. Squirrel nests
224. Net balls
225. Iridescent gem
226. \_\_\_ v. Wade
227. Empty
228. \_\_\_ matter of fact...
229. More crowded/thick
230. Ms. Kunis
231. Kingdom
232. Bird of Jove
233. Squirrel nests
234. Net balls
235. Iridescent gem
236. \_\_\_ v. Wade
237. Empty
238. \_\_\_ matter of fact...
239. More crowded/thick
240. Ms. Kunis
241. Kingdom
242. Bird of Jove
243. Squirrel nests
244. Net balls
245. Iridescent gem
246. \_\_\_ v. Wade
247. Empty
248. \_\_\_ matter of fact...
249. More crowded/thick
250. Ms. Kunis
251. Kingdom
252. Bird of Jove
253. Squirrel nests
254. Net balls
255. Iridescent gem
256. \_\_\_ v. Wade
257. Empty
258. \_\_\_ matter of fact...
259. More crowded/thick
260. Ms. Kunis
261. Kingdom
262. Bird of Jove
263. Squirrel nests
264. Net balls
265. Iridescent gem
266. \_\_\_ v. Wade
267. Empty
268. \_\_\_ matter of fact...
269. More crowded/thick
270. Ms. Kunis
271. Kingdom
272. Bird of Jove
273. Squirrel nests
274. Net balls
275. Iridescent gem
276. \_\_\_ v. Wade
277. Empty
278. \_\_\_ matter of fact...
279. More crowded/thick
280. Ms. Kunis
281. Kingdom
282. Bird of Jove
283. Squirrel nests
284. Net balls
285. Iridescent gem
286. \_\_\_ v. Wade
287. Empty
288. \_\_\_ matter of fact...
289. More crowded/thick
290. Ms. Kunis
291. Kingdom
292. Bird of Jove
293. Squirrel nests
294. Net balls
295. Iridescent gem
296. \_\_\_ v. Wade
297. Empty
298. \_\_\_ matter of fact...
299. More crowded/thick
300. Ms. Kunis
301. Kingdom
302. Bird of Jove
303. Squirrel nests
304. Net balls
305. Iridescent gem
306. \_\_\_ v. Wade
307. Empty
308. \_\_\_ matter of fact...
309. More crowded/thick
310. Ms. Kunis
311. Kingdom
312. Bird of Jove
313. Squirrel nests
314. Net balls
315. Iridescent gem
316. \_\_\_ v. Wade
317. Empty
318. \_\_\_ matter of fact...
319. More crowded/thick
320. Ms. Kunis
321. Kingdom
322. Bird of Jove
323. Squirrel nests
324. Net balls
325. Iridescent gem
326. \_\_\_ v. Wade
327. Empty
328. \_\_\_ matter of fact...
329. More crowded/thick
330. Ms. Kunis
331. Kingdom
332. Bird of Jove
333. Squirrel nests
334. Net balls
335. Iridescent gem
336. \_\_\_ v. Wade
337. Empty
338. \_\_\_ matter of fact...
339. More crowded/thick
340. Ms. Kunis
341. Kingdom
342. Bird of Jove
343. Squirrel nests
344. Net balls
345. Iridescent gem
346. \_\_\_ v. Wade
347. Empty
348. \_\_\_ matter of fact...
349. More crowded/thick
350. Ms. Kunis
351. Kingdom
352. Bird of Jove
353. Squirrel nests
354. Net balls
355. Iridescent gem
356. \_\_\_ v. Wade
357. Empty
358. \_\_\_ matter of fact...
359. More crowded/thick
360. Ms. Kunis
361. Kingdom
362. Bird of Jove
363. Squirrel nests
364. Net balls
365. Iridescent gem
366. \_\_\_ v. Wade
367. Empty
368. \_\_\_ matter of fact...
369. More crowded/thick
370. Ms. Kunis
371. Kingdom
372. Bird of Jove
373. Squirrel nests
374. Net balls
375. Iridescent gem
376. \_\_\_ v. Wade
377. Empty
378. \_\_\_ matter of fact...
379. More crowded/thick
380. Ms. Kunis
381. Kingdom
382. Bird of Jove
383. Squirrel nests
384. Net balls
385. Iridescent gem
386. \_\_\_ v. Wade
387. Empty
388. \_\_\_ matter of fact...
389. More crowded/thick
390. Ms. Kunis
391. Kingdom
392. Bird of Jove
393. Squirrel nests
394. Net balls
395. Iridescent gem
396. \_\_\_ v. Wade
397. Empty
398. \_\_\_ matter of fact...
399. More crowded/thick
400. Ms. Kunis
401. Kingdom
402. Bird of Jove
403. Squirrel nests
404. Net balls
405. Iridescent gem
406. \_\_\_ v. Wade
407. Empty
408. \_\_\_ matter of fact...
409. More crowded/thick
410. Ms. Kunis
411. Kingdom
412. Bird of Jove
413. Squirrel nests
414. Net balls
415. Iridescent gem
416. \_\_\_ v. Wade
417. Empty
418. \_\_\_ matter of fact...
419. More crowded/thick
420. Ms. Kunis
421. Kingdom
422. Bird of Jove
423. Squirrel nests
424. Net balls
425. Iridescent gem
426. \_\_\_ v. Wade
427. Empty
428. \_\_\_ matter of fact...
429. More crowded/thick
430. Ms. Kunis
431. Kingdom
432. Bird of Jove
433. Squirrel nests
434. Net balls
435. Iridescent gem
436. \_\_\_ v. Wade
437. Empty
438. \_\_\_ matter of fact...
439. More crowded/thick
440. Ms. Kunis
441. Kingdom
442. Bird of Jove
443. Squirrel nests
444. Net balls
445. Iridescent gem
446. \_\_\_ v. Wade
447. Empty
448. \_\_\_ matter of fact...
449. More crowded/thick
450. Ms. Kunis
451. Kingdom
452. Bird of Jove
453. Squirrel nests
454. Net balls
455. Iridescent gem
456. \_\_\_ v. Wade
457. Empty
458. \_\_\_ matter of fact...
459. More crowded/thick
460. Ms. Kunis
461. Kingdom
462. Bird of Jove
463. Squirrel nests
464. Net balls
465. Iridescent gem
466. \_\_\_ v. Wade
467. Empty
468. \_\_\_ matter of fact...
469. More crowded/thick
470. Ms. Kunis
471. Kingdom
472. Bird of Jove
473. Squirrel nests
474. Net balls
475. Iridescent gem
476. \_\_\_ v. Wade
477. Empty
478. \_\_\_ matter of fact...
479. More crowded/thick
480. Ms. Kunis
481. Kingdom
482. Bird of Jove
483. Squirrel nests
484. Net balls
485. Iridescent gem
486. \_\_\_ v. Wade
487. Empty
488. \_\_\_ matter of fact...
489. More crowded/thick
490. Ms. Kunis
491. Kingdom
492. Bird of Jove
493. Squirrel nests
494. Net balls
495. Iridescent gem
496. \_\_\_ v. Wade
497. Empty
498. \_\_\_ matter of fact...
499. More crowded/thick
500. Ms. Kunis
501. Kingdom
502. Bird of Jove
503. Squirrel nests
504. Net balls
505. Iridescent gem
506. \_\_\_ v. Wade
507. Empty
508. \_\_\_ matter of fact...
509. More crowded/thick
510. Ms. Kunis
511. Kingdom
512. Bird of Jove
513. Squirrel nests
514. Net balls
515. Iridescent gem
516. \_\_\_ v. Wade
517. Empty
518. \_\_\_ matter of fact...
519. More crowded/thick
520. Ms. Kunis
521. Kingdom
522. Bird of Jove
523. Squirrel nests
524. Net balls
525. Iridescent gem
526. \_\_\_ v. Wade
527. Empty
528. \_\_\_ matter of fact...
529. More crowded/thick
530. Ms. Kunis
531. Kingdom
532. Bird of Jove
533. Squirrel nests
534. Net balls
535. Iridescent gem
536. \_\_\_ v. Wade
537. Empty
538. \_\_\_ matter of fact...
539. More crowded/thick
540. Ms. Kunis
541. Kingdom
542. Bird of Jove
543. Squirrel nests
544. Net balls
545. Iridescent gem
546. \_\_\_ v. Wade
547. Empty
548. \_\_\_ matter of fact...
549. More crowded/thick
550. Ms. Kunis
551. Kingdom
552. Bird of Jove
553. Squirrel nests
554. Net balls
555. Iridescent gem
556. \_\_\_ v. Wade
557. Empty
558. \_\_\_ matter of fact...
559. More crowded/thick
560. Ms. Kunis
561. Kingdom
562. Bird of Jove
563. Squirrel nests
564. Net balls
565. Iridescent gem
566. \_\_\_ v. Wade
567. Empty
568. \_\_\_ matter of fact...
569. More crowded/thick
570. Ms. Kunis
571. Kingdom
572. Bird of Jove
573. Squirrel nests
574. Net balls
575. Iridescent gem
576. \_\_\_ v. Wade
577. Empty
578. \_\_\_ matter of fact...
579. More crowded/thick
580. Ms. Kunis
581. Kingdom
582. Bird of Jove
583. Squirrel nests
584. Net balls
585. Iridescent gem
586. \_\_\_ v. Wade
587. Empty
588. \_\_\_ matter of fact...
589. More crowded/thick
590. Ms. Kunis
591. Kingdom
592. Bird of Jove
593. Squirrel nests
594. Net balls
595. Iridescent gem
596. \_\_\_ v. Wade
597. Empty
598. \_\_\_ matter of fact...
599. More crowded/thick
600. Ms. Kunis
601. Kingdom
602. Bird of Jove
603. Squirrel nests
604. Net balls
605. Iridescent gem
606. \_\_\_ v. Wade
607. Empty
608. \_\_\_ matter of fact...
609. More crowded/thick
610. Ms. Kunis
611. Kingdom
612. Bird of Jove
613. Squirrel nests
614. Net balls
615. Iridescent gem
616. \_\_\_ v. Wade
617. Empty
618. \_\_\_ matter of fact...
619. More crowded/thick
620. Ms. Kunis
621. Kingdom
622. Bird of Jove
623. Squirrel nests
624. Net balls
625. Iridescent gem
626. \_\_\_ v. Wade
627. Empty
628. \_\_\_ matter of fact...
629. More crowded/thick
630. Ms. Kunis
631. Kingdom
632. Bird of Jove
633. Squirrel nests
634. Net balls
635. Iridescent gem
636. \_\_\_ v. Wade
637. Empty
638. \_\_\_ matter of fact...
639. More crowded/thick
640. Ms. Kunis
641. Kingdom
642. Bird of Jove
643. Squirrel nests
644. Net balls
645. Iridescent gem
646. \_\_\_ v. Wade
647. Empty
648. \_\_\_ matter of fact...
649. More crowded/thick
650. Ms. Kunis
651. Kingdom
652. Bird of Jove
653. Squirrel nests
654. Net balls
655. Iridescent gem
656. \_\_\_ v. Wade
657. Empty
658. \_\_\_ matter of fact...
659. More crowded/thick
660. Ms. Kunis
661. Kingdom
662. Bird of Jove
663. Squirrel nests
664. Net balls
665. Iridescent gem
666. \_\_\_ v. Wade
667. Empty
668. \_\_\_ matter of fact...
669. More crowded/thick
670. Ms. Kunis
671. Kingdom
672. Bird of Jove
673. Squirrel nests
674. Net balls
675. Iridescent gem
676. \_\_\_ v. Wade
677. Empty
678. \_\_\_ matter of fact...
679. More crowded/thick
680. Ms. Kunis
681. Kingdom
682. Bird of Jove
683. Squirrel nests
684. Net balls
685. Iridescent gem
686. \_\_\_ v. Wade
687. Empty
688. \_\_\_ matter of fact...
689. More crowded/thick
690. Ms. Kunis
691. Kingdom
692. Bird of Jove
693. Squirrel nests
694. Net balls
695. Iridescent gem
696. \_\_\_ v. Wade
697. Empty
698. \_\_\_ matter of fact...
699. More crowded/thick
700. Ms. Kunis
701. Kingdom
702. Bird of Jove
703. Squirrel nests
704. Net balls
705. Iridescent gem
706. \_\_\_ v. Wade
707. Empty
708. \_\_\_ matter of fact...
709. More crowded/thick
710. Ms. Kunis
711. Kingdom
712. Bird of Jove
713. Squirrel nests
714. Net balls
715. Iridescent gem
716. \_\_\_ v. Wade
717. Empty
718. \_\_\_ matter of fact...
719. More crowded/thick
720. Ms. Kunis
721. Kingdom
722. Bird of Jove
723. Squirrel nests
724. Net balls
725. Iridescent gem
726. \_\_\_ v. Wade
727. Empty
728. \_\_\_ matter of fact...
729. More crowded/thick
730. Ms. Kunis
731. Kingdom
732. Bird of Jove
733. Squirrel nests
734. Net balls
735. Iridescent gem
736. \_\_\_ v. Wade
737. Empty
738. \_\_\_ matter of fact...
739. More crowded/thick
740. Ms. Kunis
741. Kingdom
742. Bird of Jove
743. Squirrel nests
744. Net balls
745. Iridescent gem
746. \_\_\_ v. Wade
747. Empty
748. \_\_\_ matter of fact...
749. More crowded/thick
750. Ms. Kunis
751. Kingdom
752. Bird of Jove
753. Squirrel nests
754. Net balls
755. Iridescent gem
756. \_\_\_ v. Wade
757. Empty
758. \_\_\_ matter of fact...
759. More crowded/thick
760. Ms. Kunis
761. Kingdom
762. Bird of Jove
763. Squirrel nests
764. Net balls
765. Iridescent gem
766. \_\_\_ v. Wade
767. Empty
768. \_\_\_ matter of fact...
769. More crowded/thick
770. Ms. Kunis
771. Kingdom
772. Bird of Jove
773. Squirrel nests
774. Net balls
775. Iridescent gem
776. \_\_\_ v. Wade
777. Empty
778. \_\_\_ matter of fact...
779. More crowded/thick
780. Ms. Kunis
781. Kingdom
782. Bird of Jove
783. Squirrel nests
784. Net balls
785. Iridescent gem
786. \_\_\_ v. Wade
787. Empty
788. \_\_\_ matter of fact...
789. More crowded/thick
790. Ms. Kunis
791. Kingdom
792. Bird of Jove
793. Squirrel nests
794. Net balls
- 795

# Delivering **MORE** than Headlines

 **CALGARY**  
news

with Rob Brown

**Weeknights at 6pm**  
and online anytime at [cbc.ca/calgary](http://cbc.ca/calgary)

 news

 [CBCCalgary](#)  [@CBCCalgary](#)  
 [@CBCCalgary](#) [@cbcrob](#)

